Stark County Board of DD
Early Intervention Newsletter
September 2017

Perry Police Station Tour
622 Genoa Ave SW
Massillon, OH 44646
Tuesday, September 5th
10-11:30AM
Have you ever been inside a police station or police car? Have you ever been fingerprinted? Do you know what happens inside the police station? Join us to tour the Perry Police Station and see what it's like to be a police man. Maybe you will decide to be a cop when you grow up too. FREE ACTIVITY RSVP by September 4th

Kingsway Pumpkin Farm
1555 Andrews St. NE
Hartville, Ohio 44632-9018
Tuesday, October 3rd @ 9:30 SHARP!
Cost: $7 per child
$3 per adult
Non-walking infants FREE
Join us for a visit to Kingsway Farm. Children can crawl through a long indoor straw tunnel, play in a large box of corn, pick their own pumpkin on the wagon ride, visit the petting farm to feed the animals, get their face painted, ride a train, and play on the unique play area. There are plenty of photo opportunities throughout the farm with creative, artistic photo props so don't forget your camera! Kingsway is family oriented and free from the dark side of Halloween. RSVP with payment by September 27th!

Varian Orchards
6340 Orchard View Dr. SE
East Canton, OH 44730
September 19th
10AM-1PM
Cost: $5 per person
Come take a wagon ride through the apple orchards with us, play in the play place, sample cider and apples, see the newly planted orchard, go in the barn and lots more. If the weather doesn't cooperate, it will be moved indoors with age appropriate activities led by Cliff Varian. Cliff is a former kindergarten teacher and is very excited to have our group come visit the orchards again. RSVP with payment by September 15th!

Fire Station Tour
Central Station
1742 Schneider St NE
Canton, OH 44721
Tuesday, October 17th
10-11:30AM
FREE
RSVP by October 13th
Come celebrate fire safety month with us on a visit to the Plain Township Central Fire station. Chief Keller will teach us about fire safety then give us a tour of the station. We will get to see and touch real fire equipment and even get in the firetruck!

Mommy & Me Morning
Tuesday, October 31st
10AM-12PM
142 Arlington Ave NW
Canton, OH 44708
We will have a make and take craft, simple cooking task, stories, songs, and games just right for little ones and their mommy's. FREE ACTIVITY RSVP by October 27th

CONTACTS:
Chris Ehmer
330-479-3508 (work); 330-704-2400 (cell); or ehmerc@starkdd.org
Paula Moore
330-479-3710 (work); 330-334-7919 (cell); or moorep@starkdd.org

All Field trips, activities, and playgroups are open to the public. Parents are responsible for the safety and well-being of their children during any events you attend.

Community events are not sponsored by Stark County Board of DD. They are scheduled for the sole purpose of introducing families to events/activities available in our area/community.
Supporting Your Toddler’s Social and Emotional Development

Social-emotional development in children is dependent upon ongoing, responsive relationships with caregivers. Infants and toddlers learn about emotions and the expression of emotions through interactions with others. As with all skills, toddlers develop these abilities slowly over time. Some qualities of healthy social-emotional development are making friends, solving conflicts peacefully, waiting patiently, following rules, showing anger and other emotions in a healthy way, showing empathy for others, and enjoying the company of other children and adults. Talking about interactions, activities, and experiences, as well as acknowledging and labeling emotions, are ways you can help infants and toddlers identify, understand, and express emotions in healthy ways. Other factors that affect social emotional development are sensitivity to outside stimulation, the energy level when expressing moods, how quickly or slowly they adapt to change, regularity of eating and sleep, distractibility and persistence.

The following are a few ways to encourage your child’s social and emotional development...

1. Snuggle with your child and give him hugs and kisses.
2. Arrange to play with children of all ages...Come to playgroup at Eastgate!
3. Make play-dates
4. Play games that encourage turn taking
5. Give positive reinforcement
6. Act silly together
7. Encourage your child’s imagination by providing props for dressing up and pretending so your child can explore different social roles.
8. Go out to restaurants, museums, run errands, go to the store...everyday life stuff that involves interacting with people to model how to interact and give your child opportunities to try it herself.
9. Encourage exploration
10. Name their emotions...help your child to identify their emotions by naming them.
11. Mirror emotional expressions and describe emotions to help build their vocabulary of emotion words.
12. Use puppets, books, music and finger plays to emphasize emotional vocabulary.
Apple Activities for September!

It's that time of year again! Soon we will begin to see signs of the season changing as the nights get cooler and the leaves begin to change and fall to the ground. It's a great time to take a family trip to an apple orchard to see how apples are grown and harvested. While you are there pick some apples to take home. There are lots of things to make with apples...pies, apple crisp, applesauce, etc. Try the apple crumb bars recipe on this page.

Another place you can explore apples is at the grocery store. When you are at the grocery store look at the different types of apples. Talk about the different colors and names of the apples. Do they all taste the same? Maybe you could buy a few different types to taste and see. Let your child look at, smell, touch, and even taste the apples. Cut some apples open and encourage your child to look at the seeds and skin of the different apples. What happens when you cut the apple horizontally, can you see the star shape? Have an apple taste test with your family. Make a simple graph using pictures of who is tasting sharing everyone's favorites. Which apple is the favorite? Least favorite? Count how many like each kind.

Apple Crumb Bars

**Ingredients**
- 1 cup quick or old-fashioned (rolled) oats
- 1 cup all-purpose flour
- 1/2 cup packed brown sugar
- 1/2 teaspoon baking powder
- 1/2 teaspoon salt
- 1 cup (2 sticks) butter, softened
- 1 large egg, beaten

**Filling ingredients**
- 6 apples, peeled, cored, and finely chopped
- 1/2 cup granulated sugar
- 1/4 cup all-purpose flour
- 1/2 teaspoon cinnamon

**Topping ingredients**
- 1/3 cup all-purpose flour
- 1/3 cup quick rolled oats
- 1/3 cup brown sugar
- 1/4 cup (1/2 stick) butter

**Directions:**
Heat oven to 350°F. Lightly grease a 13x9 baking pan.

Prepare topping: In medium bowl, combine flour, oats, and sugar. With pastry blender or fork, cut in butter until mixture is crumbly. Set aside.

Prepare base: In a medium bowl, combine oats, 1 cup flour, the brown sugar, baking powder, and salt; cut in butter until crumbly. Stir in beaten egg. Spread mixture evenly in pan.

Prepare filling: Toss apples with sugar, 1/4 cup flour, and cinnamon.

Assemble bars: Spread apples over oatmeal layer. Sprinkle topping over apples. Bake 35 to 40 minutes or until apples are tender. Let cool 10 minutes before cutting.

Apple Pie Playdough

**Ingredients:**
- 2 cups baking soda (bicarbonate of soda)
- 1 cup corn flour (corn starch)
- 1.5 cups water
- 1 Table Spoon vegetable Oil
- Food coloring – we used red
- 1 Tablespoon cinnamon + 1 Tablespoon All spice

**Apple Pie Play Dough Instructions:**
Add all the ingredients to a pot except the spices, the spices get added last when kneading! If you would like to add food coloring add it to the water before you start cooking. Stir well before cooking. The corn flour will initially be hard to stir, but it will all come together and turn into a runny liquid. Put it onto the stove and cook until it turns into a thick mush and becomes really hard to stir. It will still be a little more sticky than the play dough will end up once it is cooled and kneaded. Set it aside for a few minutes and knead when it's cool enough to touch. Add the apple pie scent spices and knead further. This play dough can be stored in a plastic zip lock bag in the fridge.
**Apple Songs and Fingerplays...**

**APPLE TREE**  
Way up high in the apple tree  
(stretch arm up high)  
Two red apples smiled at me  
(hold up 2 fingers)  
I shook that tree as hard as I could  
(make a shaking motion)  
Down came the apples,  
(make a downward motion)  
Mmmm--were they good!  
(smile and rub stomach)

**RED APPLE**  
A little red apple, Hung high in a tree  
I looked up at it, and it looked down at me  
"Come down, please" I called, And what do you suppose  
That little red apple, Dropped right on my nose!

Eat an apple  
(Pretend to eat fist)  
Save the core  
(Put one hand in the other)  
Plant the seeds  
(pretend to plant seeds)  
And grow some more  
(make tree shape over head)

**APPLE TREE**  
This is the tree  
With leaves so green.  
(make leaves with fingers outstretched)  
Here are the apples  
That hang in-between.  
(make fist)  
When the wind blows  
(blow)  
The apples will fall,  
(falling motion with hand)  
Here is the basket to gather them all.  
(use arms to form basket)

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**Check Out Our September Book Picks...**

**Apple Pie ABC**  
Alison Murray

When an apple pie arrives piping hot on the kitchen table, a little pup does everything from A to Z to get his paws on it. He licks it. He licks it. But will his ABC antics land him a slice?

*Little Mouse and the Big Red Apple*  
An amusing book about a little mouse who is ecstatic to discover a big red apple. As he rolls it home, he encounters many obstacles along the way. Other animals help, but the little mouse is so intent on keeping the apple for himself that he doesn't offer to share it.

Apple picking can be so much fun! But what can you make from your apples after you've picked them? Find out as you lift the flaps on every page of this fun fall harvest book. Kids will love to feel the fuzzy apples and find the shiny foil surprises behind the flaps!
COMMUNITY OUTINGS RSVP FORM

CHILD’s NAME ____________________________  PARENT’S NAME ____________________________

PHONE # ____________________________

Perry Police Station
FREE
Tuesday, September 5th
10-11:30AM

___ # of children
___ # of adults
RSVP by September 4th

Central Station Firehouse Tour
FREE
Tuesday, October 17th
10-11:30AM

___ # of children
___ # of adults
RSVP by October 13th

Mommy and Me
FREE
Tuesday, October 31st
10AM-12PM
142 Arlington Ave NW
Canton, OH 44708

___ # of children
___ # of adults
RSVP by October 27th

Kingsway Pumpkin Farm
Tuesday, October 3rd
9:30 SHARP until noon
(if you arrive late you may miss the wagon ride.)

Child’s name:

____________________________________

___ # of children attending @ $7 ea.
___ # of adults attending @ $3 ea.
___ # non walking infants FREE

Total amount enclosed $ __________
RSVP by September 27th

FREE outings may be RSVP’d by returning slip, phone call, text or email to:
Chris Ehmer  Paula Moore
330-479-3508 (work)  330-479-3710 (work)
330-704-2400 (cell);  330-354-7919 (cell)
ehmerc@starkdd.org  moorep@starkdd.org

PAID outings MUST have RSVP and payment turned in by due date.
ALL RSVP’s can be sent in with your PSP or mailed to:
Eastgate Early Childhood Center
Attention: Chris or Paula
2121 Ashland St
Louisville, OH 44641

Varian Farms
Tuesday, September 19th
10AM-1PM

Child’s name:

____________________________________

___ # of children attending @ $5 each
___ # of adults attending @ $5 each

Total amount enclosed $ __________
RSVP by September 15th
Toddler Playgroups!

Join us on Friday mornings from 10-11:30AM at Eastgate Early Childhood and Family Center to explore and play in our dramatic play, creative arts and gross motors rooms. In September we will be “DOWN ON THE FARM” exploring farm life. In October we will have some “FALL FUN” with leaves and pumpkins. Playgroups are intended for children birth to age 5 years old and their siblings. Each week we will explore our theme in new and interesting ways with activities that will tempt you and your child to discover and play together. You are welcome to bring family and friends along to join you! Here is a sneak peek at the September & October activities we have planned...

September

“FARM LIFE”

September 1st
NATURE EXPLORERS
(OUTSIDE on preschool playground)
We will go on a nature walk together @ 10:15 AM and gather items from nature. When we return we will use the items you collected to make a nature collage.

September 8th
ALL DAY AGENCY WIDE IN-SERVICE
NO PLAYGROUP TODAY

September 15th
WORKING ON THE FARM
Farming is hard work and there’s always work to be done on the farm. Feeding the animals and working in the fields are only a few things farmers do everyday. Help us with our farm chores today.

September 22nd
ALL DAY EARLY INTERVENTION IN-SERVICE
NO PLAYGROUP TODAY

September 29th
PICKING APPLES
Help us pick and sort the apples on our apple farm. Once we pick them we will need to taste them to see which one we like the best. Do you have a favorite? Enjoy some homemade applesauce for snack today!!

October

“FALL FUN”

October 6th
FARMER’S MARKET!
Let’s make a pretend trip to the farmers market to purchase some produce. Then we can create something tasty from the produce we purchased. We will be making glittery pasta pumpkins as our art project this week.

October 13th
Whoo Whoo the Leaves are Falling!
The leaves are beginning to change colors and fall to the ground. What can we do with all the leaves that fall to the ground? We can play in them and make leaf owls!

October 20th
PUMPKIN INVESTIGATIONS!
This week we will explore pumpkins by touching the insides, measuring and comparing them, decorating... When you are done investigating you can hop on over to the creative arts room to make a tissue paper jack o’lantern.

October 27th
FALL CELEBRATION
(GYMNASIUM)
Come in costume to trick or treat and enjoy sensory, gross motor, and art activities in a safe and welcoming atmosphere.
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**Weekly Programs**

**Creative Canton**
- 330-355-9030
- (registration & fee)
- **Music class**
- Every other Wednesday
- 10:30 AM-11:15AM

**North Canton YMCA Gymnastics**
- 330-498-4082
- **Just Beginning**
- Must be registered (fee)
- **Monday & Thursday**

**Gymnastics**
- Must be registered (fee)
- **Tuesday & Thursday**

**Massillon YMCA SWIMMING**
- 330-837-5116
- **Adaptive Swim Lessons**
- Must be registered (fee)
- **10:15AM-10:30AM Wednesday**

**LIBRARY PROGRAMS**
- **These are FREE programs.**
- **Perry Branch Library**
  - Baby Storytime
  - 10-10:30AM
  - Monday & Wednesday

- **Toddler Storytime**
  - 11-11:30AM
  - Monday & Wednesday

- **Louisville Public Library**
  - **Tiny Tots**
  - 10:30-11 AM
  - Tuesday

  - **Mini Movers/Open Play**
    - 10:30AM-12:30PM
    - Wednesday

  - **Mini Movers**
    - 10:30-11 AM
    - Thursday

  - **Lake Library**
    - Baby Storytime
    - 11AM-12PM
    - Tuesday

  - **Toddler Storytime**
    - 10-10:30AM
    - Wednesday

*Always call to be sure programs will be taking place that day before going.*