



Stark County Board of DD Early Intervention Newsletter

March 2018



PETSMART

5465 Dressler Rd NW
North Canton, Ohio 44720

Tuesday, March 6th

10-11:30AM

FREE

Join us as we explore and tour the **PETSMART** store. We will be able to watch the animals being groomed and trained through the glass window, see the fish and reptiles up close, and if they are not too busy an associate may get out a guinea pig or small animal for us to pet. You might even decide to go home with a new pet.

Please RSVP by March 5th.



887 West Main street
Smithville, Ohio, 44677

In the same complex as the Barn Restaurant next to Toyrixx.

Tuesday, March 20th

10AM-12PM

Jump n SHOUT! offers lots of fun in a safe, clean and friendly environment. With a range of inflatables from small bounce houses to large obstacle courses, the two floors offer separate age ranges of play. Small kids' activities on lower floor which include: bounce houses, small slide just for little kids, train table, puzzles, chalk board, building blocks, bouncy horses and stackable balance toys. Snacks are available to purchase or you can plan to eat lunch at The Barn following our playtime.

**NO CHECKS!!
Cash or Credit
only.**

Less than 36" tall = \$10 per child;

36" tall or more = \$12 per child;

Parent is FREE.

RSVP by 3/19

Don't miss the Egg Hunt !

We will be having an egg hunt on
Friday, March 23rd @ 11AM



Bring a basket or bag to collect your eggs in and don't forget your camera for pictures!

Playgroup will begin at 10 AM and we will end playgroup with the egg hunt at 11AM.

CONTACTS:

Chris Ehmer

330-479-3508 (work);
330-704-2400 (cell); or
ehmerc@starkdd.org

Paula Moore

330-479-3710 (work);
330-354-7919 (cell); or
moorep@starkdd.org

Community events are not sponsored by Stark County Board of DD. They are scheduled for the sole purpose of introducing families to events/activities available in our area/community.

All Field trips, activities, and playgroups are open to the public. Parents are responsible for the safety and well-being of their children during any events you attend.

It's that time of year again!

Here's what you need to know to stay up to date when weather conditions are questionable.

Calamity Day Procedures for Early Intervention

Watch/listen for Stark County Board of Developmental Disabilities

If we are operating on a 2 hour delay-

EI services scheduled AFTER 10 AM will continue; those scheduled before 10 AM will not be delivered; **Playgroup will be canceled.**

Code One or Two- Early Intervention Services will not be delivered; **No playgroup.**

*To see if we are under one of the above check our website www.starkdd.org/alertsandclosings, WHBC 1480-AM radio, or WEWS-5 television for up to date information on closings or delays.



Make Your Own PIZZA Day!

PIZZA HUT

4526 W Tuscarawas Rd.
Canton, OH 44708
(330) 478-1800

Tuesday, April 17th
10-11:30 AM

Cost \$5 each + tax



Join us at PIZZA HUT to tour the restaurant and learn about how things are done behind the scenes. When the tour is done everyone will get to make their own pizza the way they like it and we will have lunch together in the dining area.

Massillon Recreation Center

505 Erie St N.
Massillon, OH 44646

Tuesday, April 3rd

10AM-12PM

Cost \$4 each



The Aquatics area features 4 bodies of water; a two-lane lap pool, a lazy river, a multipurpose/splash down pool, a dry sauna, and a kiddie play pool. Two 19 feet high water slides also add to the fun!

Please RSVP by April 2nd so we know you are coming.
You will pay at the desk when you arrive.

March Family Fun

Balloon Tennis



This is the ultimate boredom buster for those long winter months and is great for gross motor skills too! This game will get everyone moving and chasing balloons around the house. It's important for kids to get their energy out. The supplies are really inexpensive. In fact, you can get paint sticks for free at most hardware stores or use large popsicle sticks instead.



Supplies needed:

- 2 or more paper plates
- Crayons/markers to decorate (optional)
- Paint/Popsicle sticks (one for each plate)
- Hot glue gun
- balloons

To make the paddles...you can let your child decorate the plate first or simply hot glue a stick to a paper plate, and bam! You've got a balloon racket. All you need now are a few kids and a balloon for the fun to begin.

* a fly swatter or similar object can be used in place of the paper plate rackets.



One Fish, Two Fish, Red Fish, Blue Fish Snack

In honor of the late great Dr. Seuss who would be over 100 years old on March 2nd try this simple snack your children will enjoy. Absolutely no skill or talent required! While the Jell-O is setting up you can read One Fish, Two Fish, Red Fish Blue Fish with your child.



Ingredients:

- 1 Box blue jello
- Swedish Fish

Directions:

Follow the directions on a box of blue Jello to make it then divide the mixture into four clear plastic cups. Put in the refrigerator until the Jell-O is set.

After the Jell-O has set let your kids add their own

RAINBOW IN A JAR



You will need:

- A tall, see-through container (mason jar works great)
- $\frac{1}{2}$ cup Honey
- $\frac{1}{2}$ cup Light corn syrup
- $\frac{1}{2}$ cup Dish soap (blue like Dawn)
- $\frac{1}{2}$ cup or more Olive oil
- $\frac{1}{2}$ cup Rubbing alcohol
- $\frac{1}{2}$ cup Water
- Food coloring
- A dropper

Your child will not understand the science behind this density experiment but they will love the end result...A **RAINBOW**!! This direction is very important...when adding the first five ingredients to the jar carefully pour the liquids slowly into the middle of the jar so none of it gets on the sides of the jar. First, pour in a layer of honey. Next, color the corn syrup purple by mixing 1 drop of red and 1 drop of blue food coloring then pour this layer into the jar. Pour a layer of blue dish soap in next. Now add a drop or two of green food coloring to the water and add this layer. The olive oil goes in next. Pour a fairly thick layer of oil it will come in handy for the next step. Finally, add red food coloring to the rubbing alcohol. You will notice that the food coloring just sits at the bottom of the alcohol when you first drop it in. This time **DON'T POUR IT IN THE MIDDLE!** This is where the dropper comes in. If you pour the alcohol straight in, it'll probably pick up the green food coloring you used in the water and your rainbow will be ruined. Instead, use the dropper to add the alcohol along the side of the container. The key is to not "breaking through" the oil layer into the green water layer beneath it - that's why you need a thick layer of oil.

MY TODDLER IS BITING:

UNDERSTANDING AND RESPONDING TO YOUR CHILD

Biting is a very common behavior among toddlers; infants experiment with biting too. When your child bites someone it can seem worse than a full-blown temper tantrum in the middle of a busy store. The other child is crying, other parents are upset and you just want to hide. When a toddler bites, you might feel frustrated, angry, annoyed, embarrassed, or worried. All of these feelings are normal. Try to see biting as a way of communicating rather than just bad behavior. Many toddlers go through a "biting stage" so don't feel you are alone. However, there is a lot that parents and caregivers can do to reduce and eventually eliminate biting. It is helpful to remember that not all children bite out of anger or to hurt another child some children bite instinctively, because they have not developed self-control and some bite in order to cope with a challenge or to fulfill a need. Be sure your behavior expectations are age-appropriate and individually appropriate for your child. Understanding why a child bites is important. Ask yourself what the child is gaining by biting? What is the reward... does he get your undivided attention?



A child might bite to...

- Relieve pain from teething.
- Explore cause and effect ("What happens when I bite?").
- Experience the sensation of biting.
- Satisfy a need for oral-motor stimulation.
- Imitate other children and adults.
- Feel strong and in control. (biting gets the adult or child to do what they want)
- Get attention.
- Act in self-defense/defend (when you bite, your victim moves away)
- Communicate needs and desires, such as hunger or fatigue.
- Communicate or express difficult feelings, such as frustration, anger, confusion, love or fear.

A child might bite because they...

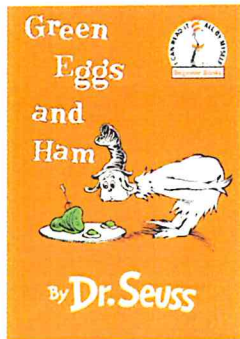
- Lack language skills necessary for expressing important needs or strong feelings like anger, frustration, joy, love etc.
- Are overwhelmed by the sounds, light or activity level in this setting
- Are experimenting to see what will happen
- Have a need for oral stimulation
- Need more active playtime
- Are over-tired
- Are teething
- Are impulsive

If you think your child might be biting due to a need for oral stimulation, offer them something they can safely bite and chew on a cracker, pretzel, some carrot sticks, or a teether. If the bite was over a toy or treat, remove it for a short while. Look at who they bite, when they bite and in what situations or what triggers it and try to intervene before your child bites. Give your child a firm "bear" hug when you sense he is feeling stressed, out of control and might about to bite. This can help children feel secure, held together and in control which can be very soothing.

How can you stop biting? First, keep your own feelings in check, react swiftly, and keep your cool. Get down to their level and in a firm, matter-of-fact voice say: "No biting. biting hurts!" Comment on how the other child is feeling (cause and effect): "You bit Matt and now he is crying. It hurts your friends when you bite them." Then **give your attention to the victim NOT** the biter. Acknowledge your child's feelings, you might say, "You are frustrated because...let's try..." Later, when your child is calm try to teach them other ways to express their needs and desires. Having and keeping a plan of action is more difficult than you'd think but it is important to have a plan and be consistent. Make sure all your family and caregivers are on the same page. It is difficult for young children when they receive mixed messages. If you use time-out, now might be a good time to use it. If all other methods fail remove your child from the situation.

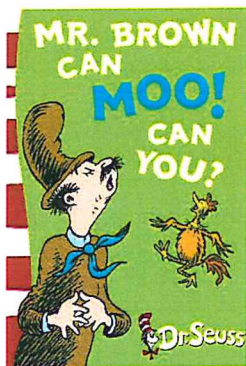
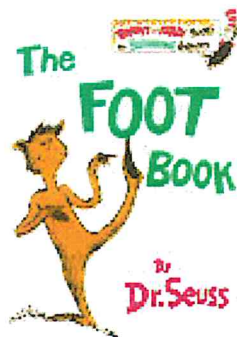
What doesn't work? Yelling, shaming or harsh punishments can actually increase biting incidents. Biting back or hitting teaches your child that it's okay to bite and hit people when they're upset. NEVER BITE OR HIT YOUR CHILD! If you've been consistent and your child continues to bite ask for help or advice from friends, other parents or teachers. You can also talk to your pediatrician, who can also point you in the right direction.

Celebrate Read Across America & Dr. Seuss' Birthday this month with our March Book Picks...



"Do you like green eggs and ham?" asks Sam-I-am. In a house or with a mouse? Sam keeps asking persistently and the list of places to enjoy them, and friends to enjoy them with, gets longer and longer. Sam-I-am insists that this unusual treat is indeed a delectable snack to be savored everywhere and in every way.

A toe-tapper babies will love-the classic Seuss book about opposites: "Wet foot, dry foot. Low foot, high foot..."



Moo moo! Hoo hoo! Cock-a-doodle-doo! Oh, the wonderful sounds Mr. Brown can do. Now see if you can do them too! This fabulous book is ideal for teaching young children all about noises!

Build Your Child's Library

Order books through Scholastic Book Club to enjoy with your child. Go on-line to:

scholastic.com/bookclub or scholastic.com/newparent

to view the flyer and place your order.

The class activation code is: **GJTR9**

(Teacher's name Christine Ehmer)

Online orders are paid for by credit/debit and will be delivered to Eastgate and brought to you when your PSP visits.

Orders are due by March 22nd!

Orders will arrive within 1-2 weeks of the due date.



I'm a Little Leprechaun

(Tune: Mary Had a Little Lamb)

I'm a little leprechaun,
Leprechaun, leprechaun,
I'm a little leprechaun,
Who likes to hide my gold!
dress in green from head to toe,
Head to toe, head to toe,
dress in green from head to toe,
I wear green all day long!
You'll never catch me or my gold,
Or my gold, or my gold,
You'll never catch me or my gold -
I hide it much too well!

Clap Your Hands

Clap, clap, clap your hands,
As s-l-o-w-l-y as you can.
Clap, clap, clap your hands,
As quickly as you can.
continue singing changing
to ..shake, roll and rub.



March Songs and Fingerplays...



Eensy, Weensy Leprechaun

Tune: (Eensy Weensy Spider)

An eensy, weensy leprechaun
Came out St. Patrick's Day
To look for all the gold
That was hidden far away.
At the end of the rainbow
Was where he was told -
So, with the wink of his eye,
He ran for the gold.

Five Little Leprechauns

Five little leprechauns
running out to play,
Found a big rainbow
blocking their way!
Follow me, cried one,
running fast and bold,
He slid down the rainbow
towards the pot of gold!



FAMILY COMMUNITY OUTINGS RSVP FORM

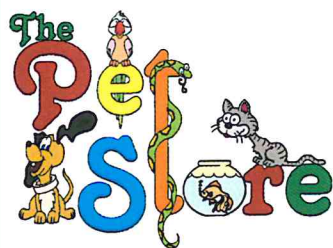
CHILD'S NAME _____

PARENT'S NAME _____

PHONE # _____



PetsMart



Tuesday, March 6th
10-11:30 AM

FREE

RSVP by 03/05/2018

Child's Name _____

_____ # of children attending

_____ # of adults attending

jump n SHOUT!



Tuesday, March 20th
10AM-12PM



Less than 36" tall = \$10 per child;

36" tall or more = \$12 per child ;

Parent is FREE.

**You will pay there.*

RSVP by 03/19/2018

Child's Name _____

_____ # of children attending

_____ # of adults attending



Pizza Hut

Tuesday, April 17th
10-11:30AM

\$5 per person + tax

*(bills will be rung up individually for each family
after we make our pizzas)*

RSVP by 04/16/2018

Child's Name _____

_____ # of children attending

_____ # of adults attending

Massillon Rec Center



Tuesday, April 3rd
10AM-12PM

\$4 per person

**You will pay at the front desk
when you arrive.*

RSVP by 04/02/2018

Child's Name _____

_____ # of children attending

_____ # of adults attending

FREE outings may be RSVP'd by
returning slip, phone call, text or email
ALL RSVP's can be sent in with your PSP
or mailed to :

Chris Ehmer
330-479-3508 (work)
330-704-2400 (cell);
ehmerc@starkdd.org

Paula Moore
330-479-3710 (work)
330-354-7919 (cell)
moorep@starkdd.org

Toddler Playgroups!

Join us on Friday mornings from 10-11:30AM at Eastgate Early Childhood and Family Center to explore and play in our dramatic play, creative arts and gross motor rooms. In March we will be "EXPLORING COLORS" then, in April we will explore the "COLORS OF WEATHER". Playgroups are intended for children birth to age 5 years old and their siblings. Come explore our themes with us. There will be lots of activities that will tempt you and your child to discover and play together. You are welcome to bring family and friends along to join you! Here is a sneak peek at the March and April activities we have planned...

March

"EXPLORING COLORS"

March 2nd **PINK BLOSSOMS**



I spy something PINK. Can you guess what it is? This week we are exploring the color PINK. The weather is changing and it will soon be spring. The trees will be budding and you will soon see PINK blossoms. Paint with PINK today and make a blossoming tree.

March 9th **STAFF IN-SERVICE NO PLAYGROUP TODAY**



March 16th **GREEN SHAMROCKS**

I spy something GREEN. Can you guess what it is? This week we are exploring the color GREEN. Can you find all of the hidden shamrocks? How many gold coins can you find in the GREEN sensory table? Miss Paula will have shamrocks to make in the creative arts room.

March 23rd **COLORED EGGS**



We're going on an egg hunt, we're going to get lots of eggs. What a beautiful day! Uh-oh! Grass! Long wavy grass! We can't go over it. We can't go under it. I guess we'll have to search through it. Happy Hunting! Before the egg hunt be sure to make your own "Colored Eggs" book to take home and share with your family.

March 30th **PROGRAM CLOSED NO PLAYGROUP TODAY**

April



"COLORS OF WEATHER"



April 6th **Black and White Clouds**

Can you tell what the weather will be like by looking at the clouds? Are they black or white? Be a meteorologist this month in the Dramatic Play room and let us know what the forecast will be. I think we are in for some stormy weather at playgroup. I see black clouds up in the sky. Miss Paula will be making black and white art today.

April 13th **Purple People Eater**



There's a one eyed, one horn, flying purple people eater lurking around. Do you think he would like to play with grape scented purple playdoh? Miss Paula wants you to come and make your own purple people eater with her.



April 20th **Blue Rain**

It's Raining, It's pouring ...Don't forget your raincoat, umbrella, and rain boots!

You might need them! Create rain with Miss Paula in the Creative Arts room. How? You will have to come and see!

April 27th **Yellow Sun**



Oh Mr. Sun, Sun; Mr. Golden Sun
Please shine down on us
These little children are asking you
To please come out so we can play with you...
Rain, rain go away!! I hope it's sunny today so we can make shadows together.
Miss Paula will be creating sunshine in the Creative Arts room.

Why should you become a member of Box Tops for Education?

www.BTFE.com

- It's free!
- Keep track of Early Intervention earnings details. *Find YOURSCHOOL box type "EarsareSchool"*
- Print or "clip" digital coupons for products that support the Box Tops program and get free sample offers.
- Find bonus offers on select products and in-store purchases.
- Redeem bonus codes and enter special sweepstakes that can earn BIG points for Early Intervention.

FIND YOUR SCHOOL
Enter your school name. It's made in 10 seconds!



CLIP BOARD COLLECTION DRIVE
Place in the classroom, library, or at the home. The goal is to collect enough items to make a difference in the lives of children.
FIND A COLLECTION DRIVE >

WAYS TO EARN THIS MONTH:

ROCKSTAR ENERGY DRINK
Download the Rockstar Energy Drink app to your smartphone or tablet. Scan the QR code on the box to earn 100 Bonus Box Tops.

ZIPLOC BAGS
Scan the Ziploc bag to earn 100 Bonus Box Tops.

40 BONUS BOX TOPS
Scan the card to earn 40 Bonus Box Tops.

BURGERS IN A SNAP

This is a simple method for cutting your hamburger patties into the perfect serving size. According to Ziploc, the bag works as a mess-free mixing bowl and freezer burn shield, making grilling success a guarantee. Snap off as many as you need on those busy nights when you want a quick and easy dinner.



Follow these simple steps:

- In a Ziploc® brand freezer bag, combine ground beef and the seasoning of your choice – from simple salt and pepper to a more gourmet recipe.
- Seal the bag, pressing out all the air, and mix thoroughly, kneading with your hands.
- Lay the sealed bag on a flat surface and press the mixture into an even layer. Make score marks by pressing a skewer or chopstick into the bag in a grid pattern, creating nine squares.
- Freeze, then break off one or more patties along the score marks for cooking and keep the rest in the freezer for later.

Source: <https://ziploc.com/en/recipes/tips-and-tricks/3-perfectly-portioned-freezer-meals>

Find more helpful tips like this at BTFE.com!



Go to BTFE.com before April 1st to enter this month's sweepstakes!