

# Stark County Board of DD Early Intervention Newsletter

April 2018

#### Massillon Recreation Center



505 Erie St N. Massillon, OH 44646

Tuesday, April 3rd 10AM-12PM Cost \$4 each

The Aquatics area features 4 bodies of water; a two-lane lap pool, a lazy river, a multipurpose/splash down pool, a dry sauna, and a kiddie play pool. Two 19 feet high water slides also add to the fun!

#### **Kinderconcert**

Cultural Center for the Arts 1001 Market Ave N Canton, OH 44702 Wednesday, April 25th @ 10:45AM



You MUST RSVP by April 20th to have a seat. We are meeting at 10:30 outside the main doors for the 10:45 performance. If you arrive after the performance has started symphony staff may not permit you to enter and you would not be able to attend the performance.

# Make Your Own PIZZA Day! PIZZA HUT

RSVP by April 2nd



4526 W Tuscarawas Rd. Canton, OH 44708 (330) 478-1800

MONDAY, April 16th 10-11:30 AM

Cost \$5 each + tax

Join us at PIZZA HUT to tour the restaurant and learn about how things are done behind the scenes. When the tour is done everyone will get to make their own pizza the way they like it and we will have lunch together in the dining area.

Due to the Kinderconcert being in April instead of May this year there will only be 1 outing in May.

#### CONTACTS:

Chris Ehmer 330-479-3508 (work); 330-704-2400 (cell); or ehmerc@starkdd.org

Paula Moore 330-479-3710 (work); 330-354-7919 (cell); or moorep@starkdd.org Community events are not sponsored by Stark County Board of DD. They are scheduled for the sole purpose of introducing families to events/activities available in our area/community.

All Field trips, activities, and playgroups are open to the public. Parents are responsible for the safety and well-being of their children during any events you attend

### Pegasus Farm... A Day at the Farm

7490 Edison St. NE Hartville, OH 44632



Tuesday, May 22nd 9:30am-12:30pm

Cost \$8 per child

Come learn about farm animals, see horses up close, play on the playground, make a craft, and play some farm games! Bring a picnic lunch.

(FSS funds can be used as payment; checks should be made out to Pegasus Farm)

RSVP with payment by using the attached registration/ release form (both sides must be signed and filled out for parent and child) by May 19th to:

Eastgate Early Childhood Center
Attention: Paula or Chris
2121 Ashland St.
Louisville, OH 44641



All participants and family members must be dressed in clothing that is comfortable and appropriate for the weather conditions as well as shoes with a closed toe for safety around the horses. If not dressed appropriately you will not be able to participate.

# **April Family Fun**

### Plastic Bottle Planters



bottle. Now you can add

googly eyes, bottle caps,

yarn, etc. to the bottle.

Supplies needed:
Plastic Bottles
Googly Eyes, bottle caps, yarn,
anything you want to use.
Plants or seeds
Soil
Acrylic Paint (if painting bottle)
Utility Knife

Directions: Cut the bottle in half or about 1/3 of the way from the bottom. If you are going to paint your container with acrylic paint now is the time to do this.

When the paint dries fill the container with soil then add a plant or seeds to the



## Playing in the Rain

The kids really need to go outside and burn off some energy but it is raining again, April showers bring May flowers they say. If it isn't a downpour and there's no thunder, lightning or storms headed your way. Put on your raincoats and GO

#### OUTSIDE to PLAY IN THE RAIN!!!!

Here are some ideas of things you can do in the rain...

- Dance
- Jump
- Stomp
- Spin
- Ride your bike
- Blow bubble
- Play

- Write on the sidewalk with chalk
- Catch raindrops on your tongue
- Bring out some buckets to catch the rain or put creatures you find into.

All of these NORMAL activities are new and exciting in the rain! If it pouring or storming out you can try this inside game of "Don't Step in the Lava". First you will need some felt or construction paper in different colors. Scatter them on the floor and turn on some music. Watch them run, hop, jump, skip, etc. from color to color. You can add a bit of color learning to the mix! Shout a color and have them find a way to get to that color without stepping in the lava.

## Bunny Tail Chex Mix



Bunny Tail Chex Mix is the cutest spring treat and so quick and easy that kids can help make it!

### Ingredients

7 cups Rice Chex

1 cup Cheerios

1 cup crushed pretzels

1 12-ounce bag Reese's Pieces Peanut Butter Pastel Eggs Candy OR pastel peanut M&M's

1 12-ounce bag vanilla flavored candy melts/wafers, pink preferred

1 cup mini marshmallows

Spring-colored sprinkles

#### Directions

In a large bowl combine Rice Chex, Cheerios, crushed pretzels, marshmallows and candy. In a heat-safe bowl, melt the chocolate chips in the microwave for 30 seconds on 50% power. Stir and repeat until the chips are completely melted. Pour the melted white chocolate over the cereal mixture. Stir carefully to combine, being careful not to crush the Rice Chex. Stir until the mixture is completely coated with the white chocolate. Pour mixture onto wax paper to dry and spread it out. Allow to cool until white chocolate has hardened (about 30 minutes) and then break up into pieces. Serve and enjoy!!



#### Your Child's First Visit to the Dentist

A child's first set of teeth, the primary teeth, are very important in helping your child chew food easily, learn to speak clearly, and look good. A child's first dental visit is very important in launching your child on a lifetime of good dental health. Below are the answers to some commonly asked questions about that critical first visit.

Why should I take my child to the Dentist? Your child's general health may be affected if diseased and broken primary teeth are not treated early. If a primary tooth is lost too soon, your child may need to wear a space maintainer until the permanent teeth erupt. Otherwise permanent teeth may come in crooked and possibly require lengthy and more expensive corrective treatment later.

At what age should my child first see a Dentist? It is generally recommended that children visit the dentist for the first time at age three. Some children may need to see a dentist earlier. Your dentist should be consulted. The dentist will look for decay, teach you how to properly clean your child's teeth daily, evaluate adverse habits such as thumb sucking, and identify your child's fluoride needs.

How often should my child see a Dentist? It is generally recommended that children visit the dentist every six months. Since each child's dental needs differ, your dentist is the best one to recommend how often our child should be seen based on his or her individual needs and habits.

What should I tell my child about seeing the dentist? Tell your child that the dentist is a friendly doctor who will help the child stay healthy. Talk about the visit in a positive, matter-of-fact way as a pleasant new adventure.

<u>DON'T</u>: \*Bribe your child into going to the dentist, \*Use a dental visit as a punishment, \*Let the child know if you as the adult feel any anxiety about the dental visit, \*Let anyone tell your child scary stories about dental visits

<u>DO</u>: \*Try to make dental visits enjoyable for your child, \*Let your dentist know about any special needs your child has before dental visit, \*Set a good example by brushing and flossing daily and visiting the dentist regularly

Information obtained from the American Dental Association and your local dental society

# **April Book Picks...**



Spring is in the air! Bear, Bird, and Mouse are all excited that winter snows are melting away, but their friend Rabbit is not. There are too many things about winter that Rabbit adores, and spring just seems to spell trouble. His friends offer an abundance of reasons to love spring and the changing seasons, but will Rabbit listen?

Three children and a dog brave the wet weather and go outside to enjoy a rainy spring day-dodging raindrops and splashing in puddles--as they watch all the springtime activity going on around them.





April showers bring May flowers! Lyrical, rhyming text takes young readers on a journey with furry and feathery friends to experience springtime rain.

Molly hates rainy days. The gray sky, the soggy wait for the school bus, they seem to make everyone grumpy. Everyone except her friend Sophie, who shows Molly the magic she has been missing.



#### Build Your Child's Library

Order books through Scholastic Book Club to enjoy with your child. Go on-line to:

scholastic.com/bookclub or scholastic.com/newparent
to view the flyer and place your order.
The class activation code is: GJTR9
(Teacher's name Christine Ehmer)

Online orders are paid for by credit/debit and will be delivered to Eastgate and brought to you when your PSP visits.

Orders are due by April 22nd!

Orders will arrive within 1-2 weeks of the due date.

### Spring Morning

Sung To: "Here We Go Round the Mulberry Bush"



This is the way the bunny hops, bunny hops, bunny hops,
This is the way the bunny hops,
On a spring time morning.

This is the way the blue bird flies...
This is the way the little chick walks......
This is the way the little duck swims......
This is the way the little lamb runs.....
This is the way the children play.....

### Relaxing Flowers

Five little flowers standing in the sun (hold up five fingers)

See their heads nodding, bowing one by one? (bend fingers several times)

Down, down, down comes the gentle rain (raise hands, wiggle fingers and lower arms to simulate falling rain)

And the five little flowers lift their heads up again! (hold up five fingers)

# April Songs and Fingerplays...



Pitter-patter raindrops
Pitter-patter raindrops ,
Falling from the sky;
Here is my umbrella
To keep me safe and dry!

When the rain is over, And the sun begins to glow, Little flowers start to bud, And grow and grow and grow!

## Daffodil song



Yellow, yellow daffodil, dancing in the sun..
Oh yellow, yellow daffodil, you tell me spring has come.
I can hear a blue bird sing, and hear a robin call.
but yellow, yellow daffodil I love you most of all!

# Toddler Playgroups!

Join us on Friday mornings from 10-11:30AM at Eastgate Early Childhood and Family Center to explore and play in our dramatic play, creative arts and gross motor rooms. In April we will explore the "COLORS OF WEATHER". In May, we will finish "EXPLORING COLORS". Playgroups are intended for children birth to age 5 years old and their siblings. Come explore our themes with us. There will be lots of activities that will tempt you and your child to discover and play together. You are welcome to bring family and friends along to join you! Here is a sneak peek at the April and May activities we have planned...

## **April**



## "COLORS OF WEATHER " \ \ \ \ \ \ \



# April 6th Black and White Clouds

Can you tell what the weather will be like by looking at the clouds? Are they black or white? Be a meteorologist this month in the Dramatic Play room and let us know what the forecast will be. I think we are in for some stormy weather at playgroup. I see black clouds up in the sky. Miss Paula will be making black and white art today.

# April 13th Purple People Eater

There' a one eyed, one horn, flying purple people eater lurking around. Do you think he would like to play with grape scented purple playdoh? Miss Paula wants you to come and make your own purple people eater with her.

## April 20th Blue Rain

It's Raining, It's pouring ...Don't forget your raincoat, umbrella, and rain boots! You might need them! Create rain with Miss Paula in the Creative Arts room. How? You will have to come and see!

#### April 27th Yellow Sun

Oh Mr. Sun, Sun; Mr. Golden Sun
Please shine down on us
These little children are asking you
To please come out so we can play with you...
Rain, rain go away!! I hope it's sunny today so we
can make shadows together.
Miss Paula will be creating sunshine in the

Creative Arts room.

## May



#### "EXPLORING COLORS"

# May 4th DIGGING IN BROWN DIRT

What is brown and worms and pigs love it?
DIRT and MUD of course! Come plant some
flowers in the sensory table while digging in the
dirt. Then you can make your own flower
garden complete with dirt to take home.

# May 11th ROSES ARE RED, VIOLETS ARE BLUE...

Sugar is sweet and so is your mom. Make someone special a boquet of red roses for Mother's Day today. When you are done see if you can find all of the hidden red roses.

# May 18th ORANGE TIGER KITTENS

Raindrops on roses and whiskers on kittens ...orange kittens that is. Kittens are one of my favorite things! Can you find the hidden kittens today? Be sure to make an Orange tiger kitten with Miss Paula today.

# May 25th RAINBOWS AND UNICORNS

Somewhere over the rainbow unicorns come to play! Make a magical rainbow unicorn and see if you can find all of the colors of the rainbow today. Be sure to enjoy some unicorn muddy buddies for snack before you leave.



#### **BOX TOPS BONUS APP**

Turn your everyday receipts into cash for your school. It's free and as easy as 1-2-3.

#### How it works:

- 1. Browse and select offers within the app; then purchase those participating products at any store.
- Upload your receipt using the app.
- 3. BTFE will confirm your purchase via email and credit your organization's account for any offers you selected and qualify for.

#### Keep in mind:

- ⇒ You must be or become a member of Box Tops for Education to use the Box Tops Bonus App, so that we know which participating organization to award the Bonus Box Tops to. Simply register in the Box Tops Bonus App or visit www.boxtops4education.com to become a member.
- ⇒ Each receipt can only be used once. However, you may purchase and redeem multiple offers on each receipt. Each individual offer may be redeemed up to the limit indicated at the time of the receipt scan.
- ⇒ You can earn Bonus Box Tops in the Box Tops Bonus App in combination with the on-pack Box Tops clip and any other coupon, discount, store program or promotion unless otherwise stated. Tap into the offer to see any conditions.
- ⇒ You can only earn Box Tops for the exact product(s) listed so please read carefully.
- ⇒ Products must be purchased in the United States or at overseas Military Bases.

New to the Box Tops for Education Program? Learn all about it at www.BTFE.com

#### \*NEW FEATURES\*

Now with new and improved geolocation so it's easier to find Box Tops offers at stores near you! PLUS, the latest Bonus App updates enable you to:



- Edit the school you're supporting
- Track your school's earnings progress
  - See your school's Clip Board



Download on the

App Store

# Ranch Chicken & Bacon Biscuit Quesadillas



#### INGREDIENTS

1 5 count can of homestyle biscuits 1 cup diced grilled chicken 4 strips cooked & chopped bacon 2-3 green onions, chopped 1-11/2 cups shredded cheese 1 tsp ranch dressing seasoning mix sour cream

#### INSTRUCTIONS

Mix chicken, bacon, green onions, and ranch seasoning mix.

Flatten each biscuit and roll out to a 5 inch circle. Place some filling on half and fold over. Press to seal.

Heat skillet over medium heat. Place biscuit quesadilla in skillet and place a pan on top to press it down and flatten it.

Grill it until golden brown and flip and grill the other side. If it browns too quickly to cook the dough on the inside, reduce heat to medium-low.

Remove from heat and serve with sour cream.



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6 Toddler Playgroup @ Eastgate 10-11:30 AM	7 Toddler Playgroup © Eastgate	70ddler Playgroup @ Eastgate	77 Toddler Playgroup @ Eastgate 10-11:30 AM	
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4	11	18	Kinder Concert 10:45-11:30 AM Must RSVP	
3 Massillon Rec Center Swimming 10AM-12PM	10	17	24	
2	6	Pizzat 10-11:30 AM \$5 per person + tax	23	30
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# Weekly Programs

Creative Canton 330-353-9030 (registration & fee)

Music class Every other Wednesday 10:30 AM-11:15AM

# Just Beginning Must be registered (FEE)

North Canton YMCA Gymnastics 330-498-4082

Monday & Thursday

Gym Buddies
Must be registered (FEE) Tuesday & Thursday Massillon YMCA SWIMMING 330-837-5116

Adaptive Swim Lessons
Must be registered (FEE) 10:15AM
Wednesdays

# LIBRARY PROGRAMS These are FREE programs.

Perry Branch Library Baby Storytime 10-10:30AM

Monday & Wednesday

Monday & Wednesday Toddler Storytime 11-11:30AM

# Louisville Public Library

Tiny Tots 10:30-11 AM Tuesday Mini Movers/Open Play 10:30AM-12:30PM Wednesday

Mini Movers

10:30-11 AM Thursday

Baby Storytime 11AM-12PM Tuesday Lake Library

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Sat	S	12	61	26	
Fri	4 Toddler Playgroup @ Eastgate 10-11:30 AM	Toddler Playgroup @ Eastgate	78 Toddler Playgroup @ Eastgate	75 Toddler Playgroup @ Eastgate	
Thu	3	10	17	24	31
Wed	2	0	16	23	30
Tue	I	~	15	Pegasus Farm 9:30AM-12:30PM \$8 perchild Must have release	29
Mon		7	14	21	Memorial Day Program Closed
Sun	¥	9	13	20	27

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# Lake Library

Thursday

Baby Storytime 11AM-12PM Tuesday

# Pegasus Farm Registration and Release and Emergency Medical Treatment Form <u>Day at the Farm Participants</u>

Address:	Participant Name:			Date of Birth:	
State: Zip: County: Last tetanus shot:	Address			City:	***
MEDICAL ALERT:  Medical conditions (ie asthma, heart condition, etc.)  Allergies:  Do you carry an epi-pen for the above allergies?yes no Physician Name:  Physician Name:  Phone:  In case of emergency please contact persons listed below, if above parent or guardian is unavailable:  Name: Phone:  In the event emergency medical aid / treatment are required due to illness or injury during the process of receiving services or while being on the property of the agency, I authorize Pegasus Farm_to:  1. Secure and retain medical treatment and transportation if needed.  2. Release participant's medical records upon request to the authorized individual or agency involved in the medical treatment.  CONSENT PLAN  This authorization includes x-ray, surgery, hospitalization, medication, and any treatment deemed "life saving" by the physician. This provision will only be invoked if the person(s) above is unable to be reached.  Date: Signature: (Participant, Parent or Legal Guardian)  NON-CONSENT PLAN  I do not give my consent for emergency medical treatment / aid in the case of illness or injury during the process of receiving services or while being on the property of the agency. In the event emergency treatment / aid are required, I wish the following procedure to take place:  Date: Date: Date:  Photo Release  I Do I Do Not Consent to and authorize the use and reproduction by Pegasus Farm of any and all photographs and any other audio' visual materials taken of me for promotional material, educational activities, exhibitions, or for any other use for the benefit of the program.					
Medical conditions (ie asthma, heart condition, etc.)  Allergies: Do you carry an epi-pen for the above allergies? Physician Name: Phone:  In case of cardian Name: Phone:  In case of emergency please contact persons listed below, if above parent or guardian is unavailable: Name: Phone:  In the event emergency medical aid / treatment are required due to illness or injury during the process of receiving services or while being on the property of the agency, I authorize Pegasus Farm to:  1. Secure and retain medical treatment and transportation if needed. 2. Release participant's medical records upon request to the authorized individual or agency involved in the medical treatment.  CONSENT PLAN This authorization includes x-ray, surgery, hospitalization, medication, and any treatment deemed "life saving" by the physician. This provision will only be invoked if the person(s) above is unable to be reached.  Date: Signature: (Participant, Parent or Legal Guardian)  NON-CONSENT PLAN Id on to give my consent for emergency medical treatment / aid in the case of illness or injury during the process of receiving services or while being on the property of the agency. In the event emergency treatment / aid are required, I wish the following procedure to take place:  Date: Date					
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Work/Cell Phone:	Do you	s: carry an epi-pen	for the above allergies?	yes no	
In case of emergency please contact persons listed below, if above parent or guardian is unavailable:  Name:	Parents	or Guardian N	ame:	and the second s	
Name:	Work/Co	ell Phone:			
Name: Phone:	In case	of emergency p	lease contact persons li	isted below, if above parent or guardian is unava	ilable:
Name: Phone:	Name: _			Phone:	
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Signature: Date:	Signatur	e:		Date:	

# PEGASUS FARM INSURANCE/LIABILITY RELEASE FORM

UNDER OHIO LAW, EQUINE ACTIVITY OWNER/OPERATORS ARE NOT LIABLE FOR AN INJURY TO OR DEATH OF A PARTICIPANT IN EQUINE ACTIVITIES RESULTING FROM THE INHERENT RISK OF EQUINE ACTIVITIES PURSUANT TO OHIO REVISED CODE 2305.321. I AGREE TO RIDE AND /OR PARTICIPATE IN HORSE-RELATED ACTIVITIES AT MY OWN RISK.

(Participant's Name) would like to participate in the Pegasus Farm therapeutic
equine assisted activities. I acknowledge and understand "INHERENT RISK OF AN EQUINE ACTIVITY"
pursuant to Ohio Revised Code 2305.321, means a danger or condition that is an integral part of an equine
activity, including, but not limited to, any of the following:

- A. The propensity of an equine to behave in ways that may result in injury, death, or loss to persons on or around the equine.
- B. The unpredictability of an equine's reaction to sounds, sudden movement, unfamiliar objects, persons, or other animals.
- C. Hazards, including, but not limited to, surface or subsurface conditions.
- D. A collision with another equine, another animal, a person, or an object.
- E. The potential of an equine activity participant to act in a negligent manner that may contribute to injury, death, or loss to the person of the participant or to other persons, including, but not limited to, failing to maintain control over an equine or failing to act within the ability of the participant.

I take full responsibility for and am willing to have the listed rider/participant engage in horseback riding/equine activities. In consideration of the acceptance by Pegasus Farm of this application to participate in an equine assisted activity at the Farm, which includes the use of Pegasus Farm property, I hereby release discharge and hold harmless Pegasus Farm, its agents, employees, officers, instructors, therapists, aids, and volunteers from any and all claims, demands, actions, damages, losses, judgments, and executions which I ever had, now have, or may have or claim to have in the future against the Farm, its agents, employees, officers, instructors, therapists, aids, and volunteers for all personal injuries, known or unknown and injuries to property, real or personal, caused by or arising out of the use of such property or participation in said program, whether such injury or damage may have been caused or is alleged to have been caused, directly or indirectly, by an act of omission, or commission, negligent or otherwise, of Pegasus Farm and its agents, employees, officers, instructors, therapists, aids and volunteers.

By signing this Agreement, I hereby agree to:

- 1. Indemnify Pegasus Farm, its agents, employees, officers, instructors, therapists, aids and volunteers for all damages, liabilities, losses, judgments and executions which may be sustained as a result of any injury to myself, child, ward, horse, or any injury to another caused directly or indirectly by the above.
- 2. Make known to Pegasus Farm all physical or mental conditions/disabilities that I have. (If you are pregnant, or think you may be, we advise you not to ride horses.)
- 3. Carry my own health, life and liability insurance to cover any accident I may have.
- 4. Wear protective, approved headgear while engaged in horseback riding/equine activities.
- 5. Participate in horseback riding/equine activities at my own risk.

Signature of Participant or Parent/Guardian	Date		
Signature of Parent/Guardian or Witness	Date		



## Pegasus Farm Registration and Release and Emergency Medical Treatment Form

## Staff/Teachers/Parents accompanying DaF Participants

Participant Name:		Date of Birth:	
Address:		City:	
		Home Phone:	
		Last tetanus shot:	
	(ie asthma, heart condition, etc	c.)	
Allergies:	i-pen for the above allergies?	yes no Phone:	
Parents or Guardi	ian Name:		
		ted below, if above parent or guardian is	
		Phone:	
		Phone:	
1. Secure 2. Release in the r  CONSENT PLAN This authorization is	and retain medical treatment as e participant's medical records medical treatment.	equired due to illness or injury during the product, I authorize <u>Pegasus Farm</u> to:  Indication if needed.  Indication request to the authorized individual or equipment of the person (and any treatment deed by the person (by above is unable to be respectively).	r agency involved med "life saving"
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equine assisted activities. I acknowledge and understand "INHERENT RISK OF AN EQUINE ACTIVITY"
pursuant to Ohio Revised Code 2305.321, means a danger or condition that is an integral part of an equine
activity, including, but not limited to, any of the following:

- A. The propensity of an equine to behave in ways that may result in injury, death, or loss to persons on or around the equine.
- B. The unpredictability of an equine's reaction to sounds, sudden movement, unfamiliar objects, persons, or other animals.
- C. Hazards, including, but not limited to, surface or subsurface conditions.
- D. A collision with another equine, another animal, a person, or an object.
- E. The potential of an equine activity participant to act in a negligent manner that may contribute to injury, death, or loss to the person of the participant or to other persons, including, but not limited to, failing to maintain control over an equine or failing to act within the ability of the participant.

I take full responsibility for and am willing to have the listed rider/participant engage in horseback riding/equine activities. In consideration of the acceptance by Pegasus Farm of this application to participate in an equine assisted activity at the Farm, which includes the use of Pegasus Farm property, I hereby release discharge and hold harmless Pegasus Farm, its agents, employees, officers, instructors, therapists, aids, and volunteers from any and all claims, demands, actions, damages, losses, judgments, and executions which I ever had, now have, or may have or claim to have in the future against the Farm, its agents, employees, officers, instructors, therapists, aids, and volunteers for all personal injuries, known or unknown and injuries to property, real or personal, caused by or arising out of the use of such property or participation in said program, whether such injury or damage may have been caused or is alleged to have been caused, directly or indirectly, by an act of omission, or commission, negligent or otherwise, of Pegasus Farm and its agents, employees, officers, instructors, therapists, aids and volunteers.

By signing this Agreement, I hereby agree to:

- 1. Indemnify Pegasus Farm, its agents, employees, officers, instructors, therapists, aids and volunteers for all damages, liabilities, losses, judgments and executions which may be sustained as a result of any injury to myself, child, ward, horse, or any injury to another caused directly or indirectly by the above.
- 2. Make known to Pegasus Farm all physical or mental conditions/disabilities that I have. (If you are pregnant, or think you may be, we advise you not to ride horses.)
- 3. Carry my own health, life and liability insurance to cover any accident I may have.
- 4. Wear protective, approved headgear while engaged in horseback riding/equine activities.
- 5. Participate in horseback riding/equine activities at my own risk.

Signature of Participant or Parent/Guardian	Date	
Signature of Parent/Guardian or Witness	Date	

