

Stark County Board of DD Early Intervention Newsletter

January 2019

Nom Nom Popcorn Company



6798 Wales Ave NW North Canton, OH 44720

Tuesday, January 15th 10-11:30AM

Join us for a tour of Nom Nom Popcorn Company. The tour lasts about 1 hour. We will make cheese popcorn together and everyone will have the opportunity to help with a task. Each child will receive a bag of the popcorn to take home and enjoy. Other flavors will be available to purchase if desired after our tour.

Cost \$5 per child

Space limited...<u>MUST RSVP</u> with payment by 1/14/2019

It's that time of year again!

Here's what you need to know to stay up to date when weather conditions are questionable.

Calamity Day Procedures for Early Intervention

Watch/listen for Stark County Board of Developmental Disabilities

If we are operating on a 2 hour delay—

EI services scheduled AFTER 10 AM will continue; those scheduled before 10 AM will not be delivered; **Playgroup will be canceled.**

<u>Code One or Two</u>– Early Intervention Services will not be delivered; **No playgroup.**

*To see if we are under one of the above check our website

www.starkdd.org/alertsandclosings,

WHBC 1480-AM radio, or WEWS-5 television for up to date information on closings or delays.



BUMPER BOWLING

PARK CENTER LANES

7313 Whipple Ave NW Canton, OH 44720 330-499-0555

Tuesday, January 29th 10-11:30 AM



Join us for bumper bowling! Cost \$1.50 includes shoes. We will bowl 1 game only.

RSVP by 1/28/2**019**

*Please have your child wear tennis shoes if your child wears smaller than a size 10.

OLAF'S FROZEN ADVENTURE

Drive In Movie



142 Arlington Ave NW Canton, OH 44708

Tuesday, February 12th 10AM-11:30AM

Come and make your own car from a cardboard box for our drive-in movie then sit back in your car with some popcorn and enjoy watching Olaf's Frozen Adventure.



RSVP by 2/9/2018 so we have enough supplies.

SKY ZONE TRAMPOLINE PARK



TODDLER TIME

4831 Whipple Ave Canton OH 44718

Tuesday, February 26th 9:30am-11am

COST \$10

Cabin fever? Join us for some jumping and bouncing fun during Toddler Time at Sky Zone. All toddlers must wear SkySocks (included in price) and have a liability waiver signed by parent or legal guardian (can be done online or at Sky Zone).

CONTACTS:

Chris Ehmer
330-479-3508 (work);
330-704-2400 (cell); or
ehmerc@starkdd.org

Paula Moore 330-479-3710 (work); 330-354-7919 (cell); or moorep@starkdd.org

Community events are not sponsored by Stark County Board of DD. They are scheduled for the sole purpose of introducing families to events/activities available in our area/community.

All Field trips, activities, and playgroups are open to the public. Parents are responsible for the safety and wellbeing of their children during any events you attend.

Winter Safety Tips for Kids

How to dress your kids (not like little adults) Parents with babies and younger kids should:

- 1. Adjust winter clothes for children's needs. Dress babies and young children in one more layer of clothing than an adult would wear in the same conditions. Remember warm boots, gloves or mittens, and a hat, which make a big difference in keeping young children comfortable. Remove drawstrings from clothing which may get caught on tree branches or play equipment (replace with velco).
- 2. Keep exposure to the cold at a minimum. <u>Babies</u> and young children don't have the same tolerance for cold that adults do. It's important to limit time outside.
- 3. When riding in car seats. <u>Babies</u> and children should wear thin, snug layers rather than thick, bulky coats or snowsuits. Even through the bus may be warm, if <u>children</u> are riding on the school bus make sure they are adequately dressed for cold weather.
- 4. **Safe Sleep**. Blankets, quilts, pillows, bumpers, sheepskins and other loose bedding should be kept out of an <u>infant</u>'s sleeping environment. It is better to use sleep clothing like one-piece sleepers or wearable blankets as preferred.

Simple ways to avoid winter colds It's a common myth that cold weather causes colds, but it does not. Colds are caused mainly by viruses that we are more commonly exposed to in the winter. Viruses are spread even more easily when children are in school and in close contact with each other, typically through respiratory droplets in the air and on hands. Prevent colds and the <u>flu</u> by getting kids to:

- 5. Use soap and water. Washing their hands frequently will reduce the spread of germs.
- 6. Cover their mouth. Sneezing or coughing into the bend of their elbows also helps prevent spreading germs.
- 7. Get immunized. Keep vaccinations current, including the flu shot (for children 6 months and older).

Other Winter Health Tips

- 8. Use sunscreen. Children and adults can still get sunburn in the winter. Sun can reflect off the snow, so apply sunscreen.
- 9. Winter nosebleeds. If your child suffers from winter nosebleeds, try using a cold air humidifier in the child's room at night. If bleeding severe or recurrent, consult your pediatrician.
- 10. Install alarms. More household fires happen during the winter so make sure you have functioning smoke and carbon monoxide alarms in your home.

Sources: American Academy of Pediatrics and Save the Children



Family Fun in January!

Too cold to go outside and play?
Here are some ideas you can do indoors...

Marshmallow Snowman



What You Need:

Marshmallows
Tic Tacs (orange and other colors)
Melted chocolate
Pretzels
Mini M & M's
Mini chocolate chips
Licorice or sour patch strips

Instructions:

Using two marshmallows take the melted chocolate and stick them together then take a 3rd marshmallow and do the same. Now take two pretzel sticks and insert them into the middle marshmallow to act as the snowman's arms. Using three Tic Tacs, poke them into the snowman's body to act as his buttons. Using the melted chocolate "glue" the eyes and mouth on. Press the orange Tic Tac into the top marshmallow for his carrot nose. Now you can add the scarf and enjoy!

Ooey, Gooey Glittery Snow Slime

What You'll Need:

2 cups white school glue Glitter (iridescent works best) Warm water 3/4 tsp. borax Peppermint extract (optional)



| Directions:

Mix 2 cups white school glue with 1 1/2 cups warm water.

Add glitter (as much or little as you'd like) and a few
drops of peppermint extract (optional) to the mixture. In
a separate bowl combine 3/4 tsp. of borax with 1 1/3 cups
warm water. Combine ingredients from both bowls and mix
well then let your child stretch and pull the snow slime
into all sorts of fun shapes and designs!

* Scoop some snow into a plastic bin and bring the snow inside to try these ideas!

Bring out the Mr. Potato Head and let them use the pieces to make a snowman potato head.



Get out the little people, cars and construction equipment and add them to the snow bin



Have a diamond dig by hiding gems and jewels in the snow for your child to find.

Bring out the water color paints and let them paint the snow or use a small spray bottle with colored water to spray on color

- * Build a tent or fort out of blankets and sheets.
- Have an indoor snowball fight (use rolled socks, Styrofoam balls, or cotton balls).
- * Play "FREEZE"...play some music to dance and move to; when the music stops everyone freezes.
- Make an obstacle course out of toys, cushions, pillows, etc.
- * Bring out some empty boxes and have fun building or creating something out of them.
- Pretend to ice skate with wax paper skates or your socks, ski using cardboard tubes, or pull your child on a sled indoors.



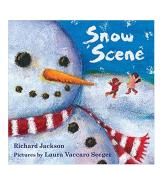
* Make fake snow using 2 cups of baking soda and 1/2 a cup of conditioner. This snow is moldable and smells nice too. Add items to build a snow man.

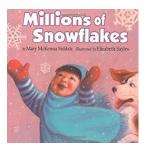
January Book Picks...



"The snow is coming," announces owl one day, "I know snow." With the arrival of snow and winter, Bear announces that it is time to go into hibernation, Rabbit tells her bunnies that their brown fur will soon turn white, and the geese fly south in search of warmer weather.

A close-up of tree trunks leads to the question "What are these?" A page turn reveals: trees! Look to the right—what are those? Shadows of crows! Follow the clues on each spread until the snow starts to melt and spring is revealed.





This simple and adorable book about snow supports counting skills up to five, all while showing kids the delightful nature of snow.

Does snow make a sound? Follow along as a little girl uses her five senses to discover the special sound of snow.



Jason L. Triplett

Build Your Child's Library

Order books through Scholastic Book Club to enjoy with your child. Go on-line to:

scholastic.com/bookclub or scholastic.com/newparent
to view the flyer and place your order.
The class activation code is: GJTR9
(Teacher's name Christine Ehmer)

Online orders are paid for by credit/debit and will be delivered to Eastgate and brought to you when your PSP visits.

Orders are due by January 18th
Orders will arrive within 1-2 weeks of the due date.



Ring Around the Snowman

Sung to; "Ring around the Rosie"
Ring around the snowman,
A pocket full of snow,
Snowflakes snowflakes,
We all fall down!

Put a picture of a snowman in the middle of your circle.

Winter Sky

Way up high in the winter sky,
Two little snowflakes caught my eye.

(Point 2 fingers to sky)

Down to the ground they fell without a sound.

(Twist around)

And before very long, It was snowing all around.

(Hold arms out)

Snowman

Once there was a snowman, snowman, once there was a snowman tall, tall, tall.

(Gradually move hand higher)

Then the sun it melted, melted, melted,

Then the sun it melted small, small, small.

(Gradually Move hand lower)

January Songs and Fingerplays..

10 Little Snowflakes

Tune: 10 Little Indians

One little, two little, three little snowflakes,
Four little, five little, six little snowflakes,
Seven little, eight little, nine little snowflakes

Continue to sing the first three lines and change the

Ten little snowflakes on my tongue! (stick out tongue)



Ten little snowflakes on my hat! *(pat head)*

Ten little snowflakes on my mittens! (wiggle fingers)

Ten little snowflakes on my boots! (stomp feet)

Toddler Playgroups!

Join us on Friday mornings from 10-11:30AM at Eastgate Early Childhood and Family Center to explore and play. In January and February we will enjoy a "Winter Fantasy Land" theme. Playgroups are intended for children birth to age 5 years old and their siblings. Come explore our themes with us. There will be many activities that will tempt you and your child to discover and play together. You are welcome to bring family and friends along to join you! Here is a sneak peek at the January and February activities we have planned...

January



"WINTER FANTASY LAND"

<u>January 4th</u> NO PLAYGROUP

<u>January 11th</u> NO PLAYGROUP



<u>January 18th</u> SNOW FANTASY

Play in Elsa's castle and ice skate around the room. Enjoy sensory play with Elsa's melting hands or playing with Frozen Troll slime. Be sure to paint a snowflake with Frozen snow paint. Before you go join us for a frozen snack.

January 25th OLAF IS MELTING...

We will be making Olaf in a bottle today. There will be fizzing snow to enjoy in the sensory table and you will make your own Olaf snack before you go today.

February

"WINTER FANTASY LAND"

<u>February 1st</u> MIRROR, MIRROR

Mirror, Mirror on the wall who is the fairest of them all? Today you can make your own special mirror to tell you that you are the fairest one of all! There will be Frozen playdoh and the princess sensory bin is fun too!

February 8th KNIGHTS AND MAGIC WANDS

Pretend to be a knight or princess today at the castle. You can make a knight's shield and/or a magic wand then make your own castle out of graham crackers for snack.

February 15th NO PLAYGROUP

February 22nd FIRE BREATHING DRAGONS

Fire breathing dragons are surrounding out castle. Can we put out their fires with snowballs and save the princess? Or you can make your own dragon that breathes fire and join the other dragons around the castle.



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111111111111111111111111111111111111111	27	20	13	6	Sun
	28	Program closed MLK Day	14	7	Mon
	Bumper Bowling Park Center Lanes 10-11:30 \$1.50 per child Please RSVP by 1/28	22	Nom Noms Popcorn 10-11:30AM \$5 per child RSVP REQUIRED	8 Pear	Tue 1 Program closed uppy
A CALLES	30	23	16	9	Wed 2
, CO.	31	24	17	10	Thu 3
		Toddler Playgroup © Eastgate 10-11:30 AM	Toddler Playgroup © Eastgate 10-11:30 AM	11 NO Playgroup	Fri 4
		26	19	12	Sat 5
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Neekly Programs

Creative Canton 330-353-9030

Every other Wednesday 10:30 AM-11:15AM

North Canton YMCA Gymnastic 330-498-4082

Just Beginning
Must be registered (FEE)
Monday & Thursday

Gym Buddies

Must be registered (FEE)

Aassillon YMCA SWIMMING

day & Thursday

330-837-5116

Adaptive Swim Lessons

Must be registered (FEE)

Monday evenings and Saturday mo

LIBRARY PROGRAMS

These are FREE programs
Perry Branch Library
Baby Storytime
10-10:30AM

Monday & Wednesday

Toddler Storytime

11-11:30AM Monday & Wednesday

Louisville Public Library

Tiny Tots
10:30-11 AM
Tuesday
Mini Movers
10:30-11 AM
Wednesday
Mini Movers
10:30-11 AM

Lake Library
Baby Storytime
11AM-12PM

Thursday

Toddler Storytime 10-10:30AM Wednesday

Always call to be sure programs will be taking place that day before going.



Weekly Programs

Creative Canton
330-353-9030
(registration & fee)
Music class
Every other Wednesday
10:30 AM-11:15AM

North Canton YMCA Gymnastics 330-498-4082

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Must be registered (FEE)
Monday & Thursday
Gym Buddies
Must be registered (FEE)
Tuesday & Thursday

Massillon YMCA SWIMMING 330-837-5116

Adaptive Swim Lessons

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Louisville Public Library Tiny Tots

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Lake Library Baby Storytime 11AM-12PM

Tuesday

Toddler Storytime 10-10:30AM

Wednesday
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VALENTINE

