

Know Me

NAME

Ben Arbuckle

PASSION

Going to Church

My Story

Hello! My name is Ben Arbuckle. My dad always said, "If you want to work, you just keep after them and show them your personality and good attitude." I followed his advice and have worked and volunteered in the Stark community for more than 40 years.

If you would look at my resume you would see that I've had a lot of jobs--- God has opened a lot of doors for me.

When I was younger I would ride my 10 speed bicycle to places every day at 8 AM and ask if they had any openings. Someone finally asked me "Can you be responsible and keep this job?" I said "Yes, I can."

My first job was at Rose Hill cemetery. After that I worked at Cintas for 7 years, then at a rest home near Myers Lake for 3 years. Then I got my job at Mercy Hospital where I worked in the janitorial department for 18 years. I retired from there and got my current job at Aultman Hospital. I've been at this job for 14 years. I work in the janitorial department 2-4 days per week. My next job I might like to work in a school.

I love to work and have a never called off from work once in all these years. I get job coaching help from TWI, but really don't need the help very much. People who work with me say I do a great job and whatever I do. I get along with people real well.

But working isn't the only thing I do. I love to volunteer and do a lot for other people.

I am very spiritual and my church is important to me. I have been a member of Trinity United Church of Christ for a long time, and am a part of the worship leadership team for the contemporary service. I usher every weekend that I am available. I assist with the greeting of church members after the services and always make sure I have a smile, handshake and a kind word to everyone I meet.

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My friend and mentor, Rev. Peck said:

“Ben’s character as a volunteer, church member and Christian is beyond reproach. He always does what he says he will do and does it without complaint. He is kind, caring and compassionate, loyal and one of the most reliable people I have ever met in my life. Anyone that works with Ben will be blessed by his presence.”

I am also a dedicated volunteer with the Red Cross, and donate platelets every month. I give a unit of red cells to help patients that need it who are in trauma from bad accidents. My O negative blood is the best to donate because anyone with any blood type can use my blood. I have donated so much over the years that I have patches on my coat and carry a special donor card.

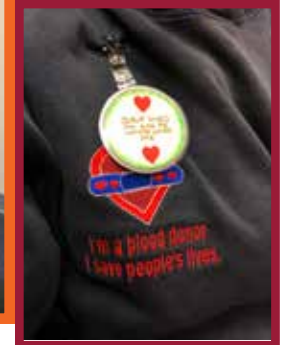
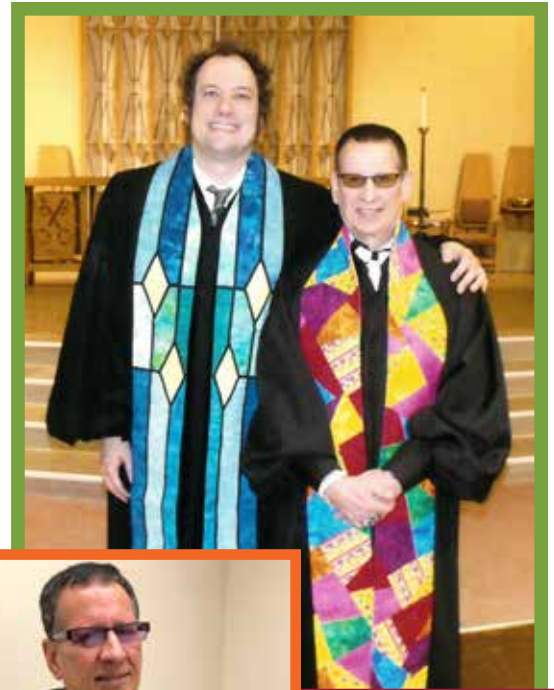
I also usher for the Canton Symphony, volunteer at the Hall of Fame Parade, as well as help area police and fire departments with crowd/traffic control at events. I am also a member of the Massillon Eagles.

My dad said, “Never leave a job until you have a new one...keep to it, do your job, then we don’t have to worry about you.” My parents aren’t with me anymore, but I am doing what they said. I own my home and recently recovered from knee replacement surgery. I’ve learned a lot about taking care of myself and my home, but I do also have family, friends and people from Stark DD who help me with my finances and Medicaid benefits.

“Ben has a lot of community support,” said Linda Allison, Stark DD Service and Support Administrator. “From the church, tellers at the bank, to the waitresses at the café where he eats, the girls at the cemetery and the insurance agent...they all have his back.”

My best advice: I tell others who are looking for a job or volunteering is it’s important to be neat and clean. I always get cleaned up—wear a dress shirt and tie, get a haircut. Rev. Peck says, “Ben always comes to work looking his sharpest and cares deeply about his personal appearance. He has taught me a thing or two about looking good and shining shoes, and for that I am deeply grateful.”

I enjoy my life and hope to live a long, healthy and happy one.



Know Stark DD



**Stark County Board of
Developmental Disabilities**

Supporting People with Disabilities & Their Families