



Stark County Board of DD Early Intervention Newsletter

March 2020

PUMP IT UP

1135 W Maple St,
Hartsville, OH 44632
(330) 877-7867



Tuesday, March 10th

11AM-12:30PM

\$10 per child Adults are FREE!

Spend time with your family, meet other families and make new friends in a safe, clean, climate controlled environment. Open Jumps are an open play time where your child can have the time of their life bouncing on inflatables. It's not only fun for the kids, but provides a healthy workout that burns off excess energy and helps keep them fit. It's fun for kids of all ages.

Pay upon arrival!

*All Open Jump sessions are first come first served.

It's that time of year again!

Here's what you need to know to stay up to date when weather conditions are questionable.

Calamity Day Procedures for Early Intervention

If we are operating on a 2 hour delay-

EI services scheduled AFTER 10 AM will continue; those scheduled before 10 AM will not be delivered.

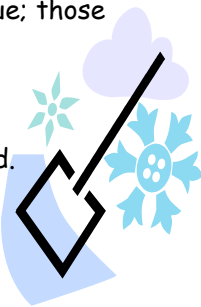
Code One or Two-

Early Intervention Services will not be delivered.

Playgroups or outings:

Will be cancelled if any of the above occur!

*To see if we are under one of the above **watch for a REMIND message** or check our website www.starkdd.org/alertsandclosings, WHBC 1480-AM radio, or WEWS-5 television for up to date information on closings or delays. Closings will be listed as Stark County Board of Developmental Disabilities.



Community events are not sponsored by Stark County Board of DD. They are scheduled for the sole purpose of introducing families to events/activities available in our area/community. All Field trips, activities, and playgroups are open to the public. Parents are responsible for the safety and well-being of their children during any events you attend.

Inspiration Station

Early Childhood Resource Center
1718 Cleveland Ave NW
Canton, OH 44703

FREE

Tuesday, April 14th 9:30-?

Join us at the hands-on Inspiration Station learning space. It is a cozy place for indoor fun that features many learning centers for you and your child to explore. There are blocks, a treehouse, art supplies, and lots more inside. The playscape offers a fenced outdoor playscape that's great for free play. There are lots of fun things to do...sand, music, train, tunnel, outdoor kitchen, etc. If it is nice enough out we can enjoy the Play-scape area as well.



You can contact Chris or Paula with questions by sending a message through the REMIND APP To join... text @cehmerm to 81010; or go to: remind.com/join/cehmerm

You can also contact us through the contact information below:

Chris Ehmer
330-479-3508 (work);
ehmerc@starkdd.org

Paula Moore
330-479-3710 (work);
moorep@starkdd.org

DON'T MISS THE EASTER EGG HUNT Friday, April 3rd

Bring a basket or bag to collect your eggs and don't forget your camera for pictures!

Playgroup will begin at 10 AM and we will end playgroup with the egg hunt at 11AM.



March Family Fun

Sensory Shaker Bottles

To make:

1 empty plastic water bottle

Whatever you want to use for fill

Different colored ribbons



Choose an item to put in your shaker bottle. You could choose colorful beads, pom poms, rice or noodles (they can be colored too), beans, bells, etc. Give your child the empty bottle with the items you chose to go in it. Have your child put the items into the bottle while you put a hole in the lid and pull the ribbons through the hole. From the inside of the lid make several knots with the ribbons so they don't pull through. Once your child has finished putting the items into the bottle you can help them put the lid on securely (a dab of hot glue or super glue around the rim of the bottle or a piece of duct tape around the outside of the lid should do the trick). Now have some fun! You can turn on music to dance and shake to or sing songs together.

Shamrock Pretzel Bites

Here's an easy and fun treat that you can make with your kids. They turn out so cute and who doesn't love chocolate and salty pretzels!!

You need:

Hershey Kisses

Green M&M's

Pretzels

You will use three pretzels, one kiss, and one M&M for each pretzel bite.



Preheat your oven to 250 degrees. Place a sheet of parchment. Place three pretzels in a circle with the bottoms pointing in (make as many as needed). After your pretzels are prepared add a kiss on top of each set and place pan in the oven for about 2-3 minutes to soften the chocolate, but not completely melt it. Next, remove the pan from the oven and smoosh a M&M on top of each kiss to hold the whole thing together. Place in the refrigerator to solidify the chocolate kisses again. Enjoy!

Celebrate Dr. Seuss with Green Eggs and Ham Sensory Play



This month celebrate Dr. Seuss' birthday by reading some of your favorite books by Dr. Seuss. Don't forget to read everyone's favorite *Green Eggs and Ham*! After reading the book, you might make green eggs to eat. This will provide an opportunity to talk about trying new foods and why Sam didn't **think** he liked green eggs.

Try these other fun activities too..."where's your egg?" and GREEN FLUBBER!

GREEN FLUBBER RECIPE

To make green flubber mix together:

4 oz. Elmer's School Glue

4 oz. liquid starch

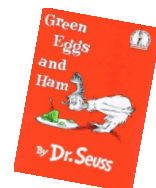
(found in the laundry section)

& A few drops of green food coloring



"Where's Your Egg?"

Use a plastic green egg for this game. Here are two versions of the game.



Two person version...One person hides the egg in the room while the other covers their eyes. Once the egg is hidden chant this rhyme...

*Sam, Sam, Where's your egg?
Somebody's hiding it could it be the fox?
He might have put it in a box!*

With a small group...one person hides their eyes while the rest of the group decides who will hide the egg under their leg. Once someone has the egg under their leg chant this rhyme...

*Sam, Sam, Where's your egg?
Somebody's hiding it under their leg.
Guess who? It might be the fox!
He might have put it in a box!
The person hiding the egg finds it next..*

MARCH

BOOK PICKS

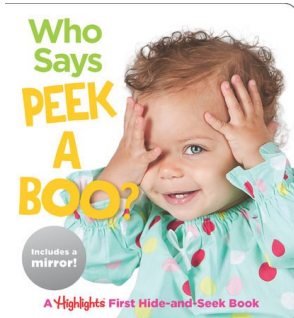


The book is clear and easy for babies and toddlers to follow, with one main image per page they can focus on. The short text is enjoyable to read aloud and share with young children. Encourage your child to turn the pages themselves, name objects, and join in with the simple text.

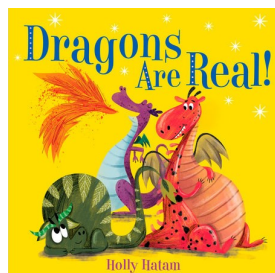
Follow a baby throughout the day, from napping to snacking, to playing—and everything in between! High contrast, lively illustrations combine with gorgeous, colorful photographs to showcase the warmth and tenderness between a mommy and her baby.



A cute book with colorful photographs of adorable babies and animals playing a game of peekaboo, this rhyming board book also features a mirror perfect to look in while saying "Peekaboo"!



The littlest of littles will love this sweet board book that teaches them all about the magical world of dragons. From their favorite meal (barbecue, obviously), to their fire sneezes, this book of fantastic facts will have everyone wishing they could have a dragon of their very own.



Do your Ears Point Up?

Do your ears point up?
(Pull on tops of ears.)

Do you have a lot of luck?
(Cross fingers.)

For gold do you dig?
(Pretend to dig.)

Can you dance an Irish jig?
(Dance a jig.)

If you answered "yes",
(Nod head.)

You're a leprechaun, I'd guess!
(Wink eye.)



March Songs and Fingerplays

This Little Leprechaun

This little leprechaun slid down the rainbow,
(Point to thumb.)

This little leprechaun stayed home.
(Point to index finger.)

This little leprechaun picked a shamrock,
(Point to middle finger.)

This little leprechaun found some gold.
(Point to ring finger.)

This little leprechaun cried,
"See if you can catch me!"
(Point to little finger.)

As he ran home.
(Wiggle little finger.)



"Tick Tock"

Start by swaying baby from side to side

Tick tock, tick tock

I'm a little cuckoo clock

Tick tock, tick tock

Now I'm chiming one o'clock (lift once)



More verses: Two o'clock—lift child 2 times, three o'clock—lift child 3 times, etc.

"Icka Bicka Soda Cracker"

Icka bicka soda cracker, icka bicka boo
(bounce)

Icka bicka soda cracker, up goes you!
(lift baby)

Icka bicka soda cracker, icka bicka boo
(bounce)

Icka bicka soda cracker, I love you!
(hugs and kisses)



Toddler Playgroups!

Join us on Friday mornings from 10-11:30AM at Eastgate Early Childhood and Family Center to explore, play and meet other families. "Strike Up the Band" is the theme for March & April. Playgroups are intended for children birth to age 5 years old. There are always lots of fun activities for you and your child to discover and enjoy together. You are always welcome to bring family and friends along to join you! Here is a sneak peek at the winter activities...

MARCH

"STRIKE UP THE BAND"



March 6th

Join us for the 2020 DD AWARENESS WALK
at Belden Village Mall @ 10 AM
Playgroup @ EASTGATE Cancelled

March 13th

SHAKE YOUR SILLIES OUT

Kid's have Cabin fever? Join us today to shake their sillies out!!! Music has a power that goes beyond words. Enjoy the pleasure of sharing music and shake those sillies out. Make your own maraca and shake away!



March 20th

INSTRUMENT HUNT & SEEK

Enjoy hunting the rooms and halls for hidden instruments. Can you find them all?



March 27th

NO PLAYGROUP
HOLIDAY BREAK

APRIL

"STRIKE UP THE BAND"



April 3rd

HIPPITY HOPPITY

Hop on in to playgroup today to make a craft. OH NO!!! The Easter Bunny spilled the basket of eggs! Can you help to clean them up? We will have an egg hunt in the gym (outside if weather permits) at 11 AM to end our playgroup. Be sure to bring a bag or basket to gather eggs in!

April 10th

NO PLAYGROUP
TODAY



April 17th

MUSICAL STATUES

Be sure to make a bell shaker today to play along during "the freeze" game. When the music stops...EVERYBODY FREEZE like a statue. When the music plays again you wiggle, jiggle and shake your bell shaker.



April 24th

DRUM PAINTING

Have you ever painted on a drum? Let's try a new painting technique today. We'll give you a sheet of paper with some paint and two drum sticks and you can tap your drum sticks to paint a picture. Don't forget to make your own drum that you take home and play.

What you need to know about coronavirus disease 2019 (COVID-19)

What is coronavirus disease 2019 (COVID-19)?

Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. The virus that causes COVID-19 is a novel coronavirus that was first identified during an investigation into an outbreak in Wuhan, China.

Can people in the U.S. get COVID-19?

COVID-19 is spreading from person to person in China, and limited spread among close contacts has been detected in some countries outside China, including the United States. At this time, however, this virus is NOT currently spreading in communities in the United States. Right now, the greatest risk of infection is for people in China or people who have traveled to China. Risk of infection is dependent on exposure. Close contacts of people who are infected are at greater risk of exposure, for example health care workers and close contacts of people who are infected with the virus that causes COVID-19. CDC continues to closely monitor the situation.

Have there been cases of COVID-19 in the U.S.?

Yes. The first case of COVID-19 in the United States was reported on January 21, 2020. The current count of cases of COVID-19 in the United States is available on CDC's webpage at <https://www.cdc.gov/coronavirus/2019-ncov/cases-in-us.html>.

How does COVID-19 spread?

The virus that causes COVID-19 probably emerged from an animal source, but now it seems to be spreading from person to person. It's important to note that person-to-person spread can happen on a continuum. Some diseases are highly contagious (like measles), while other diseases are less so. At this time, it's unclear how easily or sustainably the virus that causes COVID-19 is spreading between people. Learn what is known about the spread of newly emerged coronaviruses at <https://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html>.

What are the symptoms of COVID-19?

Patients with COVID-19 have had mild to severe respiratory illness with symptoms of

- fever
- cough
- shortness of breath

What are severe complications from this virus?

Many patients have pneumonia in both lungs.

How can I help protect myself?

The best way to prevent infection is to avoid being exposed to the virus that causes COVID-19.

There are simple everyday preventive actions to help prevent the spread of respiratory viruses. These include

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.

If you are sick, to keep from spreading respiratory illness to others, you should

- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.

What should I do if I recently traveled to China and got sick?

If you were in China within the past 14 days and feel sick with fever, cough, or difficulty breathing, you should seek medical care. Call the office of your health care provider before you go, and tell them about your travel and your symptoms. They will give you instructions on how to get care without exposing other people to your illness. While sick, avoid contact with people, don't go out and delay any travel to reduce the possibility of spreading illness to others.

Is there a vaccine?

There is currently no vaccine to protect against COVID-19. The best way to prevent infection is to avoid being exposed to the virus that causes COVID-19.

Is there a treatment?

There is no specific antiviral treatment for COVID-19. People with COVID-19 can seek medical care to help relieve symptoms.



STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

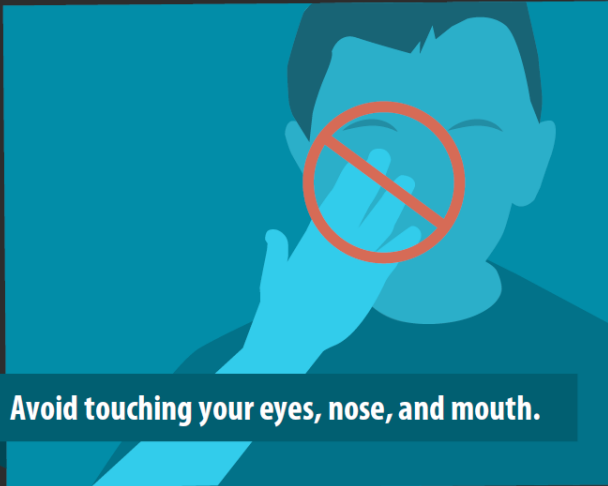
Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.



Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.

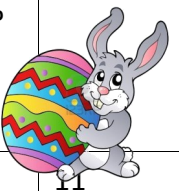



March 2020

Playgroup at Eastgate is cancelled today please join us to walk for awareness at BV

Sun	Mon	Tue	Wed	Thu	Fri	
1	2	3	4	5	6 DD Awareness Walk at BV 10AM	7
8	9	10 Pump it Up 11AM-12:30PM	11	12	13 Toddler Playgroup @ Eastgate 10-11:30 AM	14
15 	16	17	18	19	20 Toddler Playgroup @ Eastgate 10-11:30 AM	21
22	23	24	25	26	27 NO Toddler Playgroup	28 
29	30	31				

April 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3 Toddler Playgroup @ Eastgate 10-11:30 AM Egg Hunt @ 11AM in gym.	4 
5	6	7	8	9	10 NO Toddler Playgroup	11
12 	13	14 Inspiration Station 9:30-?	15	16	17 Toddler Playgroup @ Eastgate 10-11:30 AM	18
19	20	21	22	23	24 Toddler Playgroup @ Eastgate 10-11:30 AM	25
26	27	28	29	30		

31 DAYS OF *Advocacy* ACTIVITIES

1. HUG YOUR CHILD TODAY

2. PLAY A BOARD GAME TOGETHER

3. GO TO THE LIBRARY AND READ A BOOK TOGETHER; GET A LIBRARY CARD

4. IF YOUR CHILD HAS A TOUGH TIME WITH "CHOICES" COME UP WITH SAFE SITUATIONS TO PRACTICE THIS

5. TELL A FRIEND SOMETHING AWESOME YOUR CHILD DID!

6. JOIN THE DD WALK FOR AWARENESS AT THE BELDEN VILLAGE MALL 10AM - 11 AM

7. TAKE YOUR CHILD BOWLING

8. ASK YOUR CHILD ABOUT THEIR DAY

9. TAKE A DRIVE DOWN MEMORY LANE WITH YOUR CHILD

10. VOLUNTEER IN THE COMMUNITY WITH YOUR CHILD

11. TAKE YOUR CHILD TO A MOVIE

12. CELEBRATE WITH YOUR CHILD WHEN HE/SHE REACHES A GOAL

13. ENCOURAGE YOUR CHILD TO EXPRESS THEIR FEELINGS

14. DRAW A FAMILY PHOTO

15. TAKE YOUR CHILD OUT TO LUNCH

16. HAVE A SCAVENGER HUNT OUT IN YOUR NEIGHBORHOOD

17. TAKE A COMPLIMENT AND PASS IT ON

18. SHOW YOUR CHILD HOW TO BE A GOOD FRIEND

19. DO ONE ACTIVITY THAT HELPS YOUR CHILD "DE-STRESS"

20. TALK WITH YOUR CHILD ABOUT A TIME THEY DIDN'T GIVE UP

21. MAKE A LIST OF YOUR CHILD'S STRENGTHS AND SHARE IT WITH ONE PERSON

22. WRITE A SPECIAL NOTE TO YOUR CHILD

23. RESEARCH ONE SUPPORT GROUP

24. DEMONSTRATE FOR YOUR CHILD HOW TO ASK FOR HELP FROM A FAMILY MEMBER OR A FRIEND

25. EAT A HEALTHY BREAKFAST TOGETHER AND TALK ABOUT "FUELING OUR BODIES"

26. TAKE A SELFIE TOGETHER; SEND IT TO A FRIEND

27. FIND YOUR CHILD'S PASSION AND DO SOMETHING WITH IT

28. SPEND A DAY AT A PARK TOGETHER

29. TELL YOUR CHILD ABOUT A TIME YOU DIDN'T GIVE UP

30. PROMOTE INDEPENDENCE. HAVE YOUR CHILD HELP YOU WITH ONE HOUSEHOLD CHORE.

31. FIND MORE WAYS TO CELEBRATE COMMUNITY AND ADVOCATE FOR YOUR CHILD ON OUR LIFETIME NAVIGATION TOOL STARKDDNAV.ORG



Know Me. Know My Story.
Know Stark DD.

Supporting people with disabilities and their families.

MARCH IS NATIONAL DEVELOPMENTAL DISABILITIES AWARENESS MONTH



BUZZ



The latest news & information from Box Tops for Education

FEBRUARY 2020

STARK COUNTY EARLY INTERVENTION & EASTGATE EARLY CHILDHOOD AND FAMILY CENTER

If your package has a traditional Box Tops clip, cut it off and attach it below. Each clip is worth 10¢ for our school. Please be sure each clip has a valid expiration date.

SEND IN YOUR BOX TOPS CLIPS NOW!

Send any traditional Box Tops clips to school by

April 24th

so they can be included in your school's spring check.



CLIPPING TIPS:

- Make sure your clips aren't expired.
- Remember, you can "double dip" during this packaging transition by clipping traditional Box Tops AND scanning your receipt!
- Send your clips to school on the attached collection sheet or in bundles of 50.

I ♥ MY SCHOOL® SWEEPSTAKES

5 schools will each win 5,000 Bonus Box Tops
ENTER FOR A CHANCE TO WIN AT BTFE.COM/LOVE

NO PURCHASE NECESSARY. VOID WHERE PROHIBITED. Sweepstakes begins on 02/03/20 at 12:00 am CST and ends 03/02/20 at 11:59 pm CST. Open only to legal residents of the US who are 18 years or older and who are members of the BTFE program at time of entry. To join, download the Box Tops App and support an eligible, enrolled school. To enter, scan a receipt within the App containing at least one eligible Box Tops product within 14 days of purchase by 3/02/20 at 11:59 pm. Standard data rates may apply. For official rules and alternate method of entry, visit www.btfte.com/learn/sweepstakes/2020/i-love-my-school/official-rules. Sponsor: General Mills Sales, Inc. One General Mills Boulevard, Minneapolis, MN 55440.

