



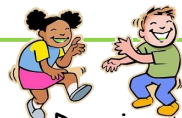
Stark County Board of DD Early Intervention Newsletter

June 2020

NEW THIS MONTH...VIRTUAL PLAYGROUPS

Until we can meet and play again; let's play together virtually!

A Webex invitation will be sent every Thursday afternoon; click the link on Fridays at 10AM to join us. Watch your phone and/or email for the link. Call or email us if you don't receive it.



June 5th @10 AM

- Dancing to The Freeze- dance until the music stops then FREEZE until it starts again!
- Red Light Green Light-Miss Paula will hold up her Green light sign and give you an activity to do (ie. jumping, run in place, etc); when she holds up her Red STOP sign everyone stops.
- Ball activities. If you have a ball be sure to have it handy! If not, it's fun to pretend
- Do you have questions and concerns about the Corona Virus? Our agency nurse, Kristen, will be available to answers your questions.



June 12TH @ 10AM Down on Stacey's Farm



- How well do you know your farm animals and their sounds? Play the animal sounds game with us?
- Bring your favorite stuffed animal along to play too!
- Old MacDonald sing a long
- Virtually tour Miss Stacey's farm and meet her animals...babies too! Have questions about farm animals? Miss Stacey has the answers!



June 19th Teddy Bear Picnic

- Let's have a Teddy Bear Picnic. Be sure to bring a blanket, snack, utensils and your Teddy Bear.
- What do Teddy Bears eat?
- Teddy Bear, Teddy Bear Turn around
Teddy Bear, Teddy Bear touch the ground...
- Parent topic TBA



Teddy Bear Picnic Day

June 26th Bubbles & Water



- We are playing with Bubbles & Water today!
- Sing and dance to some silly bubble songs while popping bubbles.
- Have a small container with bubbles and water to wash your cars or dolls in.
- Parent topic TBA

We are scheduling parent topics and they will be announced as we have them set up. If you have any other topics of interest please let us know!

Virtual Playgroups in July

July 3rd- Colorful explosions 4th of July fun!
July 10th- Musical scarf activities
July 17th- Search and Find- I Spy with my little eye...
July 24th- Chalk/water play

This month's newsletter is full of ideas and activities to keep your family busy while we are all "staying safe at home". Give one or more of the activities a try with your family.

- * Creepy Crawly Scavenger Hunt
- * Songs, Fingerplays and Books
- * Father's Day- gift idea
- * Delicious Strawberry Recipes
- * Make a Chalk Obstacle Course
- * Importance of Outdoor Play

You can contact Chris or Paula with questions by sending a message through the REMIND APP To join... text @cehmerc to 81010; or go to: remind.com/join/cehmerc

You can also contact us through the contact information below:

Chris Ehmer
330-479-3508 (work);
ehmerc@starkdd.org

Paula Moore
330-479-3710 (work);
moorep@starkdd.org

During the Covid 19 quarantine we are working remotely from home. Leave a message on our voicemail it will go directly to our email and we will return your call ASAP.

You can contact us through our emails or by using the Remind APP also.

SUMMER FUN

June means it's Strawberry season...



It's strawberry season! The strawberries will be ripening and ready to be picked soon. What do you do with your strawberries besides make jam? Here are a few of my family's favorite recipes.

Soup in the Summer? Why not? Try this quick and easy Chilled Berry Soup recipe my son and his friends beg me to make!

Chilled Berry Soup

1 quart fresh strawberries, hulled
1/3 cup ginger ale
1/4 cup milk
1/3 cup sugar
1TBSP lemon juice
1tsp vanilla extract
1 cup (8 oz.) sour cream



Place berries in a food processor or blender; cover and process until smooth. Add ginger ale, milk, sugar, lemon juice, and vanilla; cover and process until blended. Pour processed mixture into a bowl and whisk in sour cream until smooth. Serve or cover and refrigerate until thoroughly chilled. You can garnish with a scoop of Cool Whip and a sprig of mint if you wish.

It only takes a few minutes to make and enjoy fresh homemade Strawberry Pie Filling.

Homemade Strawberry Glaze

3/4 cup sugar
2 TBSP cornstarch
1 cup water
1 3 oz. package strawberry Jello



In a small saucepan, combine the sugar, cornstarch and water until smooth. Bring to a boil; cook and stir until thickened, about 2 minutes. Remove from the heat; stir in gelatin until dissolved. Refrigerate until slightly cooled, 15-20 minutes, before using.

Now that you have made the glaze stir in some fresh strawberries and fill your favorite piecrust; top it with some whipped cream and enjoy!



This glaze is perfect to use to make Strawberry Pie, Strawberry Shortcake, Strawberry Parfait, Strawberry Trifle, ice cream or cheese cake topping or as a filling in a cake or cupcakes.

DAD YOU ROCK!



Here is an easy do it yourself gift the kids can make for dad or grandpa with a little bit of help from mom. Creating a rock frame is easy. All you will need is a picture frame, hot glue, and rocks. You can put a picture of your child, the family or a piece of art your child made in it before giving it as a gift. Do you have an old picture frame lying around? Use it! If not you can get inexpensive frames at Goodwill, garage sales, Dollar Tree or ask family if they have any they no longer want. Has your child been collecting rocks? You can use these or go out and let your child collect rocks they like to use. You can also find polished rocks at most stores.

To make it simply glue the rocks onto the edge of the frame with the glue gun. Let the frame dry and pop in a piece of your child's art. If you have a special photo of the family or kids with Dad, you could use that too. Gift done! That was easy wasn't it?

SUMMER FUN ACTIVITY!

SIDEWALK CHALK OBSTACLE COURSE

Here is a summer fun activity that toddlers and preschoolers love to do over and over again; a sidewalk chalk obstacle course! It's a quick, easy gross motor activity and all you need is some sidewalk chalk, space and a kid or two. You can do it yourself too; there isn't an age limit on it. If you have older children they can help you draw the course :).

IDEAS FOR CREATING THE COURSE:

- **Lines-**

Use one single line as the base of the course your child will follow it by walking along it. You can make it zig zag or swirl for a little fun.

- **Circles-**

Large circles are for standing on or hopping and jumping to. Spread the circles out to make it harder, as they get better at it. Use smaller circles as stepping stones to tip toe over.

- **Rectangles-**

Rectangles for jumping OVER, like hurdles. Make several in a row and your child hop like a bunny.

- **Swirls-**

Circles with a swirl in it mean you have to spin around!

- **Triangles**

Triangles mean you have to jump on two spots at the same time. Draw two triangles next to each other; jump to both with one foot on each triangle.



CHANGE IT UP TO KEEP IT FRESH EVERY TIME



Add other actions like: touch your toes, stomp, roar, arms out like a plane...

Create a roadway and have them drive their scooter, tricycle or car through it.

Can your child jump backwards? Have them try doing everything in reverse. It's a great way to increase their coordination skills.

Let your child be the HERO...place one of their toys at the end of the obstacle course for them to rescue. Then have them bring the toy back to safety by coming back through the course.

Outdoor Play is Important

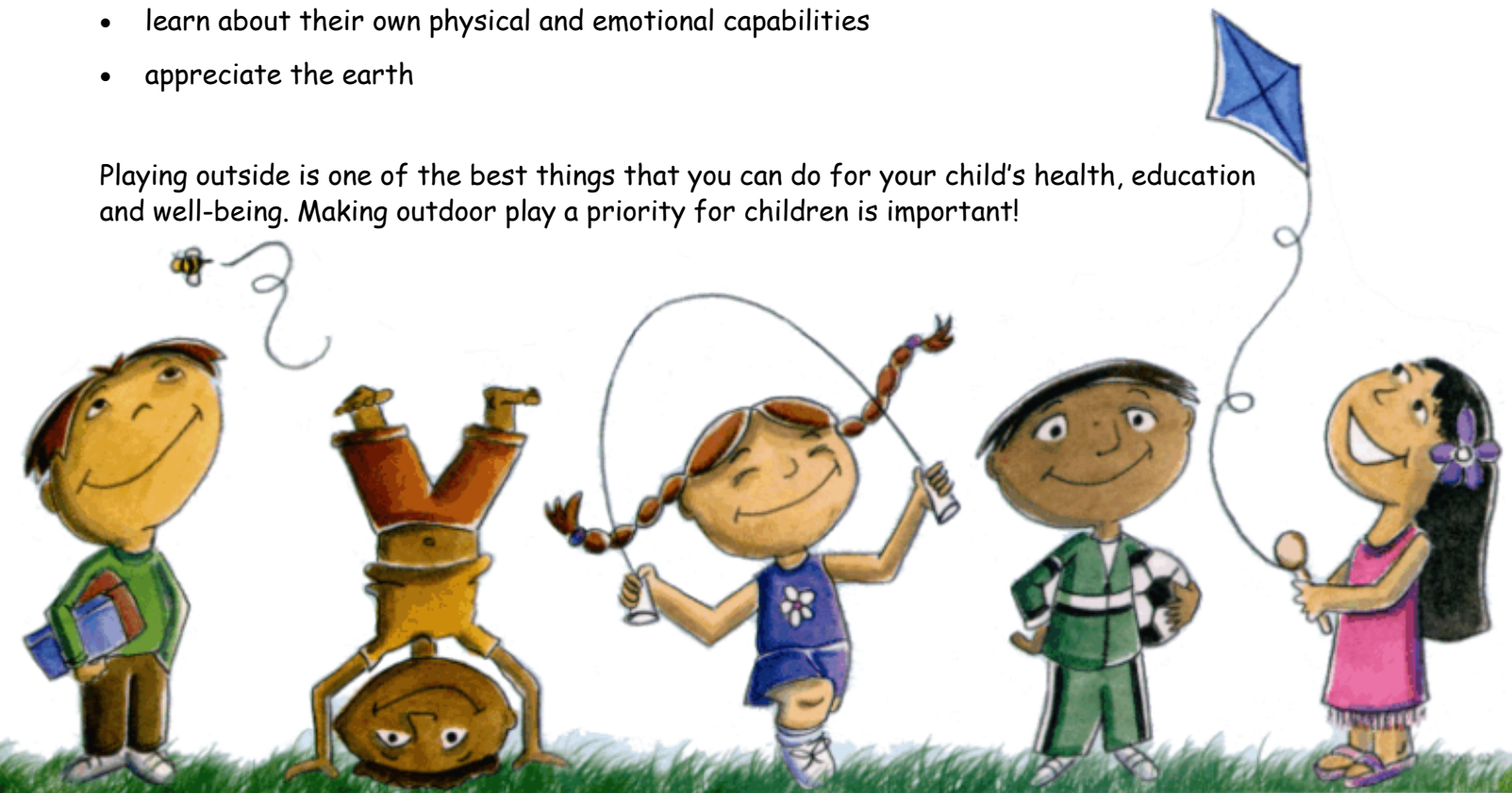
Outside play is good for children whether it's winter or summer. Vitamin D from the sun helps promote better moods, memory, increased energy levels, reduces anxiety and improves concentration and focus for adults and children. Did you know that many health problems such as: obesity, type II diabetes, high blood pressure, high cholesterol, anxiety disorders, depression, and attention deficit disorder are linked to lack of outdoor play? Families should make time every day to play outdoors with their children.



playing outdoors helps your child to...

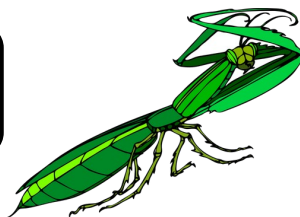
- improve gross motor skills/planning
- develop muscle strength, coordination and increased flexibility
- practice and master emerging physical skills
- build up their immune systems and overall health
- get their daily dose of Vitamin D
- develop their imaginations
- learn to solve problems
- to learn about their world
- invent games and express themselves
- release pent-up energy that has collected over time indoors
- learn about their own physical and emotional capabilities
- appreciate the earth

Playing outside is one of the best things that you can do for your child's health, education and well-being. Making outdoor play a priority for children is important!



CREEPY CRAWLY SCAVENGER

Here is a new scavenger hunt to get your family outside and active together. Scavenger hunts in your back yard or on a walk through your neighborhood or at a local park are a great way to spend some time exploring the outdoors and interacting with your children. Use a crayon or pencil to mark which bugs you find. Can you find a centipede, lightning bug, grasshopper, ladybug, earwig, stink bug, roly poly, fly, wasp, Japanese beetle, praying mantis and ants?

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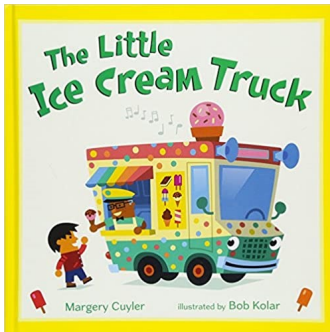
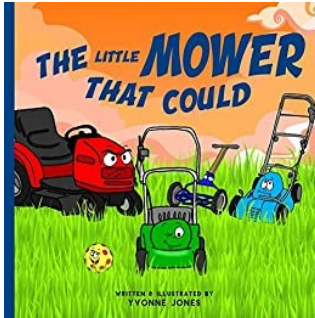
Can you find these BUGS in your house or neighborhood?

JUNE

Check it out!!

Some of the books below have YouTube links where you and your child can see and hear the book being read aloud.

This story is a spin on The Little Engine That Could, a little ball gets stuck in the tall grass. After asking several lawn mowers to help the ball, a green electric mower agrees to help. Even though he is small and not the toughest model, the kind mower tries his best to cut his way through the thick grass to get to the little ball.



Click this link or type it into your browser to hear this book read to you... <https://www.youtube.com/watch?v=bCOJdTUKCHI>

When the days stretch out like a slow yawn, and the cheerful faces of Johnny-jump-ups jump up... then it's time to get ready for summer! From flip-flops and hide-and-seek to fireworks and ice-cream trucks, from lemonade stands and late bedtimes to swimming in the lake and toasting marshmallows. This book is a celebration of the sunny season and the illustrations leave little doubt that summer is indeed a time unlike any other.



Click this link or type it into your browser to hear this book read to you... <https://www.youtube.com/watch?v=OOZlOkMQGi8&t=129s>

B O O K P I C K

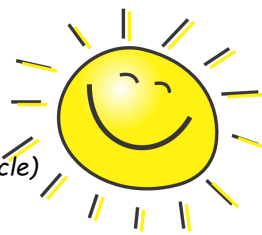
Bright Sun

Bright sun shining down,
(spread fingers and move together in a circle)

Shining on the ground.

What a lovely face you have,
(make a circle around your face with arms)

Yellow, big and round.



June Songs and Fingerplays

Ice Cream, Ice Cream



Ice Cream, Ice Cream in a bowl.
(Make circle with hands)
Ice Cream, Ice Cream nice and cold.
(shivering motion)
Ice Cream, Ice Cream what a treat!
(clap 3 times)
Ice Cream, Ice Cream good to eat!
(rub tummy)

Ice Cream Poem

I like ice cream. Yes I do!
One scoop for me?
No! Make it two!
Hmmm two scoops of ice cream,
I want more
How about three?
No, make that four!
1, 2, 3, 4,
Splat! "oh no! It's on the floor!"



Pop, Pop, Popsicle

(Sung to: Row, Row, Row Your Boat)



Pop, Pop, Popsicle
A yummy frozen treat!
Cherry, lemon, orange and grape!
Cool and fun to eat!!

We Have a Little Garden

by Beatrix Potter

We have a little garden,
A garden of our own,
And every day we water there
The seeds that we have sown.

We love our little garden,
And tend it with such care,
You will not find a faded leaf
Or blighted blossom there.

