



Stark County Board of DD Early Intervention Newsletter

JULY 2020

**July 3rd
Holiday**

**No Playgroup
Agency Closed**



**July 10th @10 AM
Musical Scarf Play**

- How many things can you do with a scarf?
- Here are some things we thought of... Peek a Boo, FREEZE, Tug of War, swing a stuffed animal, hide and seek, catch, shake, wiggle, scrunch, wave, throw, can you think of more?
- Making streamers out of household items
- What household items can you use as a scarf/ streamer to play with us?

**July 17th @10AM
I Spy with my little eye...**

- Make an "I SPY" bottle or bag from items you have on hand
- Be sure to bring your **LOOK** ing eyes to play I SPY with us!
- I spy with my little eye something that... Could it be...?



**July 24th @ 10 AM
Chalk & Water Play**



- Be sure to have some chalk, water, paint brush, spray bottles and a space to create.
- Learn how to make sidewalk paint (watch for supply list in the email invite to make it with us!)
- Chalk games and activities to try

Join us for Virtual Playgroups...until we can meet and play together again!

Friday mornings at 10AM

Virtual Playgroups are brief 15-20 minute activities led by Paula and Chris with a time for visiting, questions and from time to time a parent topic of interest will be discussed and questions answered.

A webex invitation is sent every Thursday afternoon with the link to join us via email and through REMIND on Fridays at 9:30.

Just click the link to join us virtually at 10AM

This month's newsletter is packed full of ideas and activities to keep your family busy in July. Give one or more of the activities a try with your family. We'd love it if you would share what you tried during a virtual playgroup.

- * Fun 4th of July themed activities to try
- * Search and Cool Off activity
- * Songs, fingerplays and books
- * Sun Safety

Virtual Playgroups in August

August 7th- Sensory Play

August 14th- Playdoh Fun!

August 21st- Together, Let's Make Music

August 28th- Kid's in the Kitchen

You can contact Chris or Paula with questions by sending a message through the REMIND APP
To join... text @cehmerc to 81010;
or go to: remind.com/join/cehmerc

You can also contact us through the contact information below:

Chris Ehmer
330-479-3508 (work);
ehmerc@starkdd.org

Paula Moore
330-479-3710 (work);
moorep@starkdd.org

During the COVID 19 quarantine we are working remotely from home. To reach us by phone-leave a message which will forward to our emails where we can listen to it and respond to you.

Science FUN

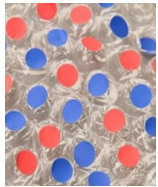
Fireworks...they **FIZZLE** then **POP!**



A fun science experiment and art project all in one. You will want to do this one outside it is messy! You will need a few supplies I am sure you already have at home: vinegar, baking soda, Ziplock sandwich bags, food coloring or washable paint, paper towel (toilet paper or tissues will work too!) water, and a measuring cup.

If you want to make this an art project you will need a large piece of paper or cardboard to lay in the yard. First, you will need to make your time release packets with a paper towel approximately 5x5 inches square. Place 1 $\frac{1}{2}$ tablespoons of baking soda in the center. Fold it into thirds keeping the baking soda inside, then fold into thirds the opposite way to make a square packet. Next, put your coloring into the Ziplock bags and pour in 1/2 cup vinegar and a 1/4 cup of warm water into each bag and mix to distribute the color throughout. Now here is where it can get messy! Zip the bag halfway closed, put the time-release packet into the mouth of the bag and hold it up out of the vinegar by pinching the sides of the bag. Zip the bag closed and then let the packet drop into the vinegar. Shake the bag a little, put it on the ground, and stand back this is where it gets really messy! The bag will puff up dramatically and POP with a bang spreading color all around.

PATRIOTIC FINE MOTOR PLAY



Here is a quick, fun patriotic fine motor activity your child will love to do. Stick red, white and blue labeling stickers on the bubbles of a piece of bubble wrap. Now... you can let your child just enjoy popping them OR make it into a listening/color recognition activity by telling your child to..."Pop a red one." (or blue or white). The pop will sound like the crack of fireworks.

SUMMER FUN

Graham Cracker Flags



A healthy snack that is simple to make. You will need some honey graham crackers, plain cream cheese (yogurt or icing) and a handful of fresh red and blue colored fruit (strawberries or raspberries & blueberries). Let your child spread the cream cheese on one side of a graham cracker rectangle. Lay two to four blueberries on one corner of your cream cheese covered graham cracker then add the "red" stripes of the flag by cutting your choice of red berry in half and lay them in two rows on your graham cracker. You now have a flag snack to enjoy!

4th of July Confetti Poppers

Here is another fun idea to try. Make a reusable popper to fire "paper fireworks" during your 4th of July activities. You will need a small plastic water/pop bottle, colored paper (red, white and blue), a balloon, and tape for the edge of the bottle where you will cut it. It can be masking, duct, or wasabi tape.

To make: Cut the top 2 $\frac{1}{2}$ to 3 inches from a clean plastic bottle and discard the rest. Cover the cut edge with tape. Stretch the mouth of a party balloon over the bottle's opening and pull it down, working the neck of the balloon over the threads of the bottleneck. Cut or tear paper into confetti, then pour the pieces into the popper.



To use: Hold onto the bottle neck with one hand and pull down on the bottom of the balloon with the other. Let the balloon snap to launch a shower of confetti. No big bangs or smoke but still really cool!

Patriotic Shirts for Everyone

Here are a few fun ways to make 4th of July T-shirts for the whole family. You will need white t-shirts for everyone. Depending on which one you choose to make you will need Tie Dye or fabric paint.

Tie Dye



You can Tie Dye the traditional way by twisting and using rubber bands then submerging the shirt in the dye OR use basters or squirt guns/bottles to spray color on.

Another fun way is to hang the shirt from a clothesline, tree branch or lay on the ground. Fill water squirters, basters or squirt bottles with different colors of dye then let your child squirt/spray the color on the shirt.



Pipe Cleaner Painting



Besides the t-shirt you will need pipe cleaners, fabric paint (any colors), a piece of cardboard to put inside shirt), and something to squirt your paint onto. Get 3-6 pipe cleaners and twist them together to create a handle (About 2/3 of the way down). Take the other end and fan the rest of the pipe cleaner pieces out. You will want to make several and you can vary the lengths or mix short and long pieces together to get different looks. Get your paint ready then, dip in the paint and stamp it on the shirt. You can layer one or several colors to get the desired effect. Let dry before wearing.

Hand Print Flag

Use red, white, and blue fabric paint, your hand and a paint brush to create this fun flag shirt. First, place a piece of cardboard inside the shirt. Paint your hand blue and press in the upper left corner of the shirt (it will be on the right side once you put it on). Use a paint brush to paint red stripes, then dip fingers in white paint to create the stars on the handprint. Let dry before wearing.



FUN IN THE SUN SAFETY TIPS

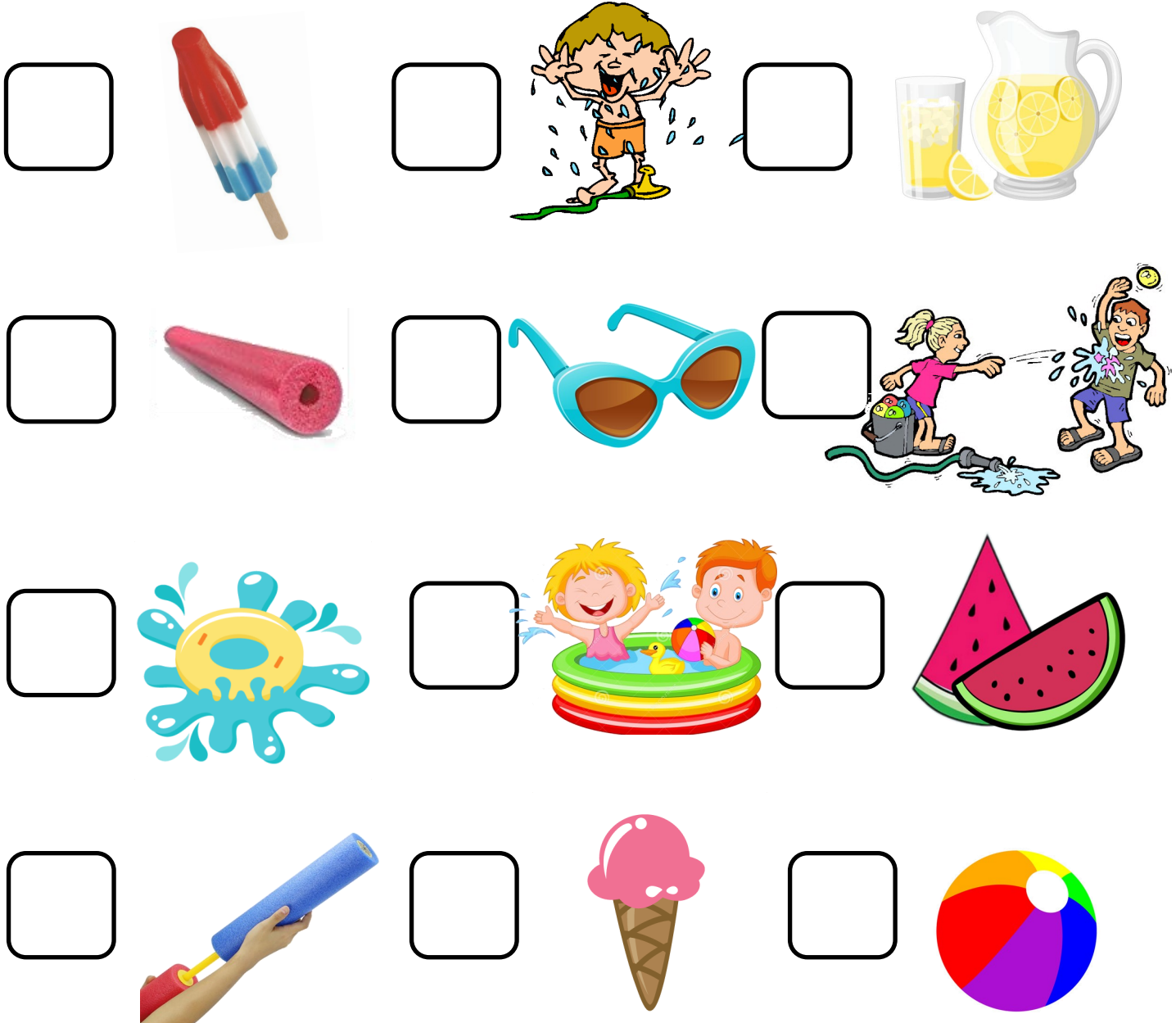
The sun's rays are strongest between 10AM- 4PM.

- * Whenever your child is outside, even on cloudy days, use sunscreen with a protection factor of no less than 15 and choose one that protects against UVA and UVB rays.
- * Reapply sunscreen every 2 hours and more often if swimming. Keep children under 1 out of the sun; sunscreen can be applied if your child is over 6 months old.
- * Use hats to protect their heads from the sun.
- * Sunglasses should provide 100% UV protection.
- * Find shady areas to cool off.
- * Be sure to offer lots of fluids (water is best) even if they are not thirsty.



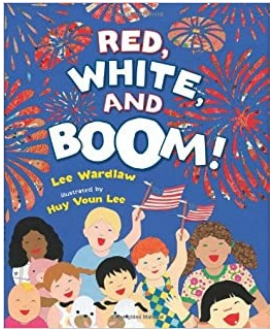
SEARCH AND COOL OFF

**How many of these items can you find to help cool off?
Get your family outside and active together while cooling off
from the summer heat. Enjoy some of the refreshing treats
you find and water play fun with your family. Stay hydrated
by drinking plenty of water and remember to use sun screen!**



**Can you find these items
to cool off with?**

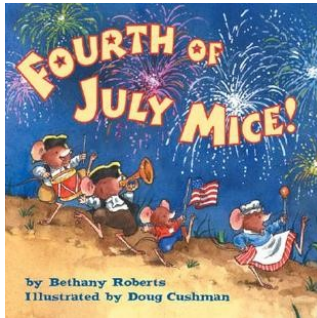
JULY



Click this link or type it into your browser to hear this book read to you...<https://www.youtube.com/watch?>

The Holiday Mice take part in all the activities that make the Fourth of July fun: a parade, a picnic, a baseball game and sack race, and a refreshing dip in the stream. Even Mr. Mouse, the littlest mouse's special toy, joins in the festivities. The best part of all comes at the end of the day: a spectacular fireworks show!

It's the Fourth of July! Travel across the country for a city parade, a beach picnic, and fireworks in the park in this poetic celebration of the many cultures and traditions that make America's birthday BOOM! .



Click this link or type it into your browser to hear this book read to you...<https://www.youtube.com/watch?v=YTug9WS8SV0>

Today is the 4th of July, and Corduroy and his friends are having a fun-filled picnic. They eat tasty treats and play games in the hot summer sun. Then it's time to cool down with a dip in the pool. Next they take part in an Independence Day parade! Scruffy Pup bangs the drum, Checkerboard Bunny plays the flute, and Corduroy carries the American flag. Once it's dark outside, the friends gather to watch an amazing fireworks display.



Click this link or type it into your browser to hear this book read to you...<https://www.youtube.com/watch?>

Each of the books have YouTube links where you and your child can see and hear the book being read aloud.

BOOK PICKS



Fireworks go Snap, Snap, Snap!
Sung to: "Mary Had a Little Lamb"

Fireworks go snap, snap, snap!
Crack, crack, crack!
Zap, zap, zap!
Fireworks make me clap, clap, clap
On Independence Day!

July Songs and Fingerplays



Stars and Stripes
Sung to: "Row, Row, Row, Your Boat"

Wave, wave, wave the flag,
As we march around.
Hold it high to show our pride,
It must not touch the ground.

Wave, wave, wave the flag,
Dear red, white and blue.
Stars and stripes forever bright,
America to you!



The Red, White, and Blue

Sung to: "When the Saints Come Marching In"

Oh, when the flag comes marching in,
Oh, when the flag comes marching in,
How I love to see its three colors,
The red, white, and blue.