



Stark County Board of DD Early Intervention Newsletter

November 2020

November Virtual Playgroups



November 3rd @ 10 AM
Storytime with Chris & Paula

"Turkey Trouble"

Oh No! Turkey's in trouble how will he save himself from becoming Thanksgiving dinner?

November 10th
Sorry, no virtual playgroup today.

November 17th @ 10 AM
Craft time with Miss Paula

- Gobble, Gobble let's make a turkey!
- Items needed: leaves, glue, brown construction paper, scissors.



November 24th @ 10 AM
Kid's in the Kitchen

- No cook pumpkin pie snack.
- Recipe and ingredients on the next page.



DECEMBER VIRTUAL PLAYGROUPS TBD

Chris Ehmer
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Paula Moore
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moorep@starkdd.org

Holiday Celebrations

Are you thinking of having family and friends over to celebrate the holidays? Is it safe? What are the risks of virus spread at holiday celebrations?

Things to consider before planning:

- Level of the virus spread in your community and the host or guests community
- Location of gathering, duration, and number of people attending.
- Behavior of attendees prior to and during the gathering- handwashing, wearing masks, and social distancing. *Has your family been following protocol for prevention? Have your guests? Will everyone social distance and wear masks at the gathering?*

Who should not attend in person celebrations?











You should not host or participate in any in-person festivities if you or anyone in your household or the host's family:

- Has been diagnosed with COVID 19 and not met the criteria to safely be around others
- Has symptoms of COVID 19 or are waiting on test results
- May have been exposed to someone with COVID in the last 14 days, are at increased risk of severe illness, or you work or live with someone who is at an increased risk.

According to the CDC, there are many factors that contribute to the risk of getting infected or infecting others with the virus during holiday celebrations. If you are still planning on hosting or attending a holiday celebration, be smart, here are some things to remember...**outdoors is better than indoors, limit the number of attendees, WEAR A MASK, wash hands or use sanitizer often, social distance, and screen your family and guests prior to and on the day of the event for COVID.**

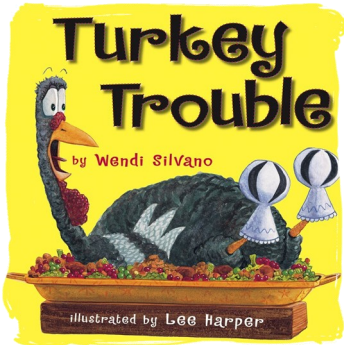
Have a safe and healthy holiday season!

Coronavirus or **Something Else?**

Symptoms	Coronavirus Symptoms range from mild to severe	Flu Abrupt onset of symptoms	Cold Gradual onset of symptoms	Allergies
 Fever	Common	Common	Rare	Sometimes
 Cough	Common	Common	Common	Sometimes
 Headache	Sometimes	Common	Rare	Sometimes
 Aches and Pains	Sometimes	Common	Common	No
 Fatigue	Sometimes	Common	Sometimes	Sometimes
 Sore Throat	Sometimes	Sometimes	Common	No
 Shortness of Breath	Sometimes (in more serious infections)	No	No	Common
 Sneezing	Rare	No	Common	Common
 Stuffy Nose	Rare	Sometimes	Common	Common
 Diarrhea	Rare	Sometimes	No	No

Source: Centers for Disease Control and Prevention and World Health Organization

BOOKS TO READ IN NOVEMBER!

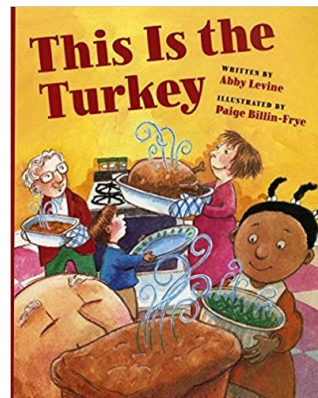


Click this link or type it into your browser to hear this book read to you... <https://www.youtube.com/watch?v=Tlp4icvQz1w>

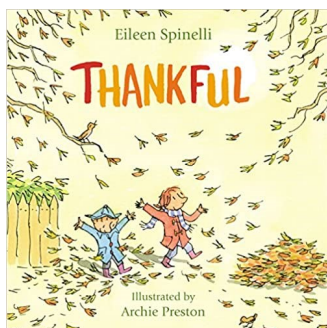
Turkey is in trouble. Bad trouble. The kind of trouble where it's almost Thanksgiving . . . and you're the main course. But Turkey has an idea--what if he doesn't look like a turkey? What if he looks like another animal instead?

After many hilarious attempts, Turkey comes up with the perfect disguise to make this Thanksgiving the best ever!

This Thanksgiving, there's a turkey to shout about - and Max is the one who picked it out! Join him and his family on this wonderful day, when cousins come to play, neighbors come carrying pumpkin pie, and there's plenty to be thankful for. Everything's perfect, until... you'll have to read the book to find out what happens.



Click this link or type it into your browser to hear this book read to you... <https://www.youtube.com/watch?v=Tlp4icvQz1w>

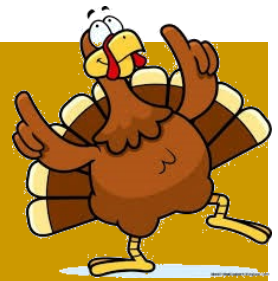


This book is full of rhyming phrases that show appreciation for all of the wonderful things around us. Follow along with a brother and sister as they share all the reasons that everyone should be thankful.

Click this link or type it into your browser to hear this book read to you... <https://www.youtube.com/watch?v=2INjOztbAPQ>

Did You Ever See A Turkey

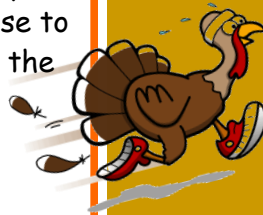
Sung to: "Did you ever see a Lassie"



Did you ever see a turkey, a turkey, a turkey?
Did you ever see a turkey, go this way and that?
Go this way, and that way, and
that way, and this way
Did you ever see a turkey, go this way and that?

The Turkey

A turkey I saw on Thanksgiving day,
(make fist for turkey)
Her tail was spread so wide.
(spread fingers of other hand for tail)
Shhh....don't tell that you've seen her,
(Make a shhh sound)
For she's running away to hide
(cover eyes)



A Turkey Sat on a Backyard Fence

A turkey sat on a backyard fence
And he sang this sad, sad tune:
"Thanksgiving Day is coming
(Gobble, gobble, gobble, gobble)
And I know I'll be eaten soon!
Gobble, gobble, gobble, gobble,
Gobble, gobble, gobble, gobble,
I would like to run away-
Gobble, gobble, gobble, gobble
Gobble, gobble, gobble, gobble,
I don't like Thanksgiving Day!"



NOVEMBER

Turkey Sensory Bottle

Super simple to make and great for babies and toddlers.

All you need is a water bottle, pinecone, red, yellow, orange, and brown feathers and 2 googly eyes.

Put all of the items into the water bottle (add glitter if you wish) then add water. Seal the lid using hot glue or super glue. Encourage your child to shake and roll the bottle.



Thanksgiving Family Fun!!

Turkey Feather Hunt

Super simple and fun! The only thing you need is feathers to play (you can even make them out of paper).

To play- one person hides the feathers while no one is looking.

Once the feathers are hidden everyone else hunts for the feathers. The person who finds the most feathers gets to hide them next. Take turns hiding. Children LOVE hiding the feathers for you to find.

Optional: Make a paper turkey and tape it to a cup. Have your child dress the turkey by placing the feathers into the cup as they find them.



Turkey Moves!

Make the turkey actions die on the next page. Have fun taking turns rolling and performing the turkey moves.

Pumpkin Pie in a Cup

A delicious, no-cook snack!

Ingredients:

2/3 cup milk

1 cup pumpkin puree

1 (3.4 oz pkg) instant vanilla pudding mix

1/2 teaspoon pumpkin pie spice

1/2 teaspoon ground cinnamon

1 cup whipped cream

Package of graham crackers



Mix the pumpkin puree and milk until smooth. Mix in the pudding mix, pie spice, and cinnamon until mixed well. Fold in the whipped cream. Next, place a graham cracker into a Ziplock bag and let your child crush it. Pour the crumbs into the bottom of a cup or small bowl. Spoon some of the pumpkin mix on top of the crumbs then add some whipped cream and enjoy!

Pumpkin Cloud Dough

Cloud dough is squishy, moldable and so soft it feels like clouds!

Ingredients:

7 cups flour

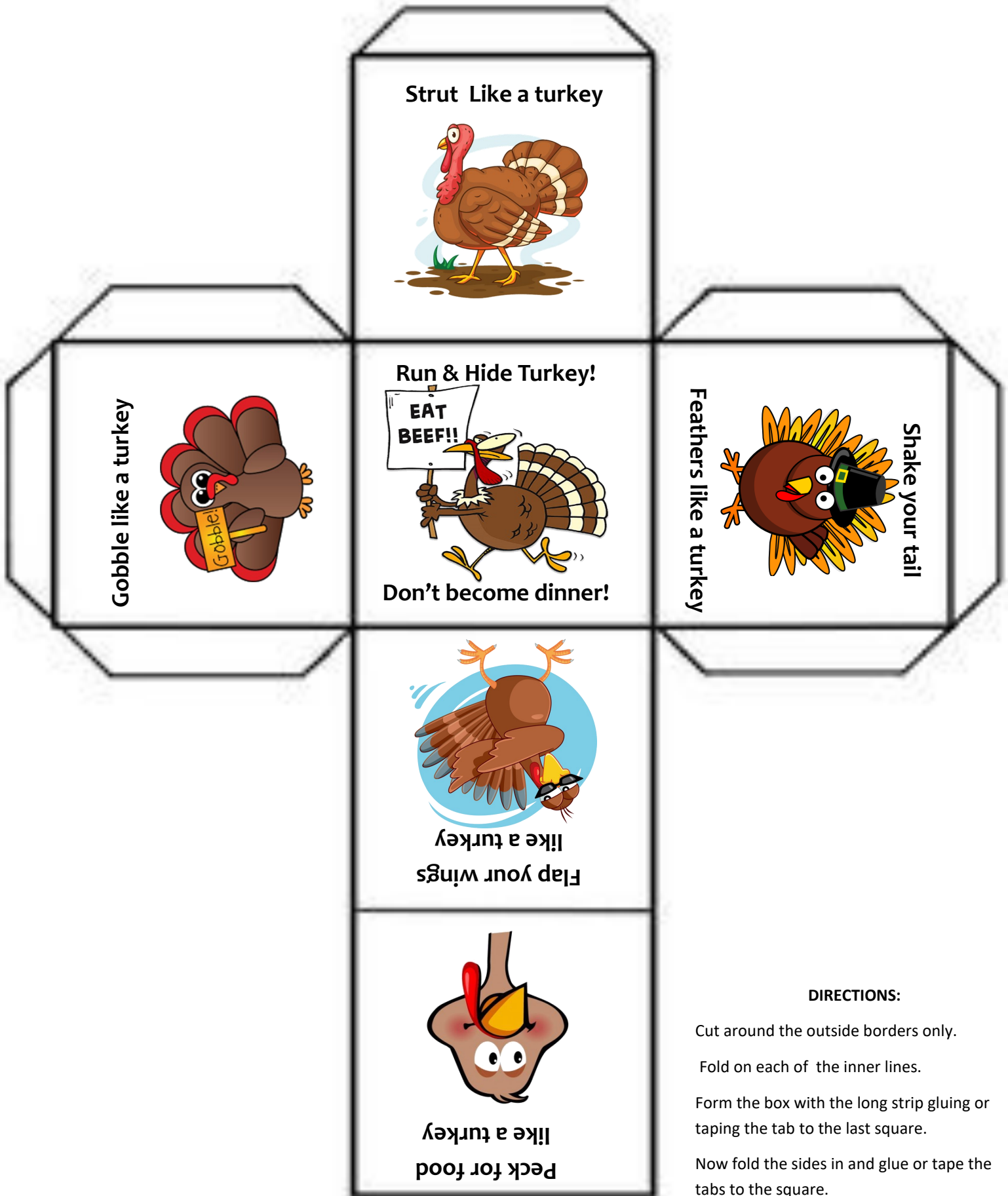
1 cup cooking oil

Pumpkin spice



Mix the dry ingredients together in a bin or container. Add the oil and mix until combined (dough should be slightly damp but moldable). Add props or just play.

OPTIONAL: If you would like to color the cloud dough you can add dry paint powder when mixing the dry ingredients or add food coloring when adding the oil.



DIRECTIONS:

Cut around the outside borders only.

Fold on each of the inner lines.

Form the box with the long strip gluing or taping the tab to the last square.

Now fold the sides in and glue or tape the tabs to the square.

Your die is ready to play!