

# Stark County Board of DD Early Intervention Newsletter

September 2023



## Spetember Welcome fall

Select Tuesdays from 10-11 AM



#### We will be at the parks again this month!

We will plan on meeting at the parks rain or shine! We will cancel if severe weather such as thunder storms, tornado watches are forecasted. If we cancel due to severe weather we will send out an e-mail as well as a remind message by 9:00am that morning.

### September 5th

**No Playgroup** 



#### September 19th

#### **Plain Township Veteran's Park**

1714 Schneider St NE, Canton, OH 44721

The splash pad will not be open.



Yummy acorns from doughnut holes

## September 12th Al Leno Park

Formerly Alpine Park

3059 Alpine St NE, Canton, OH 44721



We will make apple tree pictures using cereal as our apples.

## September 26th Price Park

1000 W Maple Street North Canton 44720

# Colorful Leaf

Wreath

Say that 3 times fast!



## BOOKS TO READ ... IN SEPTEMBER

#### I Love Fall!

#### A Touch-and-Feel Board Book

#### by Alison Inches



Tlove Fall! From woolly scarves and plump orange pumpkins to crunchy leaves and smooth wicker baskets, readers will delight in all the different textures fall has to offer.

#### The Very Hungry Caterpillar's **First Fall**

#### by Eric Carle

Celebrate fall with The Very Hungry Caterpillar and his friends in this exploration of the season. Young readers can learn all about seasonal sensory experiences, like looking at the leaves as they change color, listening to the whooshing wind, feeling the warmth of a warm cozy sweater, and so much more!



#### We're Going on a Leaf Hunt

#### by Steve Metzge



There are lots of beautiful fall leaves to find. Three friends have a big adventure hiking over a mountain and through a forest to collect leaves of all kinds and colors. What will they do with all their leaves at the end of the story? Jump and play in them, of course. With

easy rhyming text and fun sound effects, children will delight in this autumn story.

# Quick & Easy Fall Snack Mix



#### **INGREDIENTS:**

Chex Cereal (12oz box)

Pretzel Sticks (160z bag)

Miniature Marshmallows (10oz bag)

M&M's Fall (11.40oz bag)

Candy Corn (18.5oz bag)

Raisins (12oz box)

#### **DIRECTIONS:**

The directions are very simple: mix all ingredients together. That's it...super easy! The snack mix is also versatile. You can easily adjust ingredients and amounts.





#### **Apple Washing Station: An Easy Fall Sensory Bin for Toddlers**



To set up an apple washing station for your kids, first grab your sensory bin or any type of large plastic container, sponges and apples. Next pour some water into your container. You can add as much or as little water as you would like. This could even be done in a sink. Do not add any soap for this activity.

Invite your child to gently wash the apples off. You can tell them that even though you can't see the dirt on the apples they still have germs that you need to be scrub off in order to make them clean enough to eat!

After they are all done, enjoy your apples for a snack! Below is an easy recipe for cooked apples. The apples are soft, sweet and have a bold cinnamon taste.

### Sautéed Apples

Apples are sautéed in butter with brown sugar and cinnamon until tender

#### Ingredients

1/4 cup butter

4 large tart apples - peeled, cored and sliced 1/4 inch thick

½ cup cold water

2 teaspoons cornstarch

½ cup brown sugar

½ teaspoon ground cinnamon

#### **Directions**

Melt butter in a large skillet or saucepan over medium heat.

Add apples and cook, stirring constantly, until almost tender, 6 to 7 minutes.

Mix water and cornstarch together in a small bowl until cornstarch is dissolved; pour over apples.

Stir in brown sugar and cinnamon. Bring to a boil for 2 minutes, stirring occasionally.

Remove from heat and serve warm.